

Syro-Malabar Liturgical Calendar

(Second Set)

2023-2024



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Syro-Malabar Major Archiepiscopal Commission for Liturgy

Year	Great Fast First Sunday	Easter	Pentecost
2024	February 11	March 31	May 19
2025	March 2	April 20	June 08
2026	February 15	April 05	May 24
2027	February 7	March 28	May 16
2028	February 27	April 16	June 04
2029	February 11	April 1	May 20
2030	March 3	April 21	June 09

GENERAL INSTRUCTIONS

1. This calendar, “**Syro-Malabar Liturgical Calendar: Second Set**”, is published for the liturgical celebration, based on the decision of the Syro-Malabar Bishops’ Synod held in January 2021 and June 2023.
2. According to the calendar of the East Syrian Church, the liturgical year is divided into nine liturgical seasons. A brief explanation of the spirit of the seasons is given at the beginning of every season.
3. The liturgical year is centered around the Holy Mysteries of the Salvation History. Birth of Jesus (*Suvara-Yalda*, Annunciation-Nativity), Baptism (*Denha*, Manifestation-Epiphany), Passion and Death of our Lord (*Sauma Ramba*, Great Fast), Resurrection- Easter (*Qyamtha*) Pentecost (*Šleehe*), Growth of the Church (*Kaitha*), Transfiguration and Exaltation of the Cross and the Second Coming of Jesus (*Ēliya-Sleeva-Mušae*), and Dedication of the Church (*Qudaš Edtha*) are the major salvific events commemorated.
4. Feasts are divided into three groups based on their importance. They are: Our Lord’s (*Maranaya*) Feasts, Important Feasts and Ordinary Feasts. The readings are arranged accordingly.
 - a. On our Lord’s Feasts and Commemorations the readings of the feasts are given before the readings of the season.
 - b. The Important Feasts are divided into two: Marian Feasts (*Eg. Feast of the Immaculate Conception*) and Commemorations of martyrs and saints (*Eg. Dukhrana of St. Thomas, etc.*)
 - c. The Ordinary Feasts are subdivided into two: i) of the Oriental Tradition and ii) of the Universal Church.

Note: Those given in bold letters are more important in these groups.

5. If the feast of *Denha* (Epiphany) falls on a Sunday, that Sunday is considered to be the First Sunday of the season of *Denha*. If the feast falls on a day from Sunday through Thursday, those days are considered to be of the first week of *Denha*. (If the feast falls on a Friday, the following Sunday will be considered as the First Sunday of *Denha* and the readings for the first Saturday of *Denha* are to be used on the following Saturday as well).
6. Those Feasts which fall on the Fridays of *Denha* are also indicated on the fixed dates of celebration according to the Sanctoral cycle. (Eg. Feasts of All Saints, Saints Peter and Paul, St. Stephen). The Second Sunday of Annunciation can be celebrated as the Feast of *Mangalavartha*.
7. The Memory of All the Departed Souls may be celebrated on the last Friday of *Denha* or on the 2nd of November.
8. The first Monday of *Sauma Ramba* (Great Fast) is the day of penitential service (*Vibhoodi*) and the related fasting and abstinence from meat. If necessary, it can be celebrated on another day of the Great Fast with the permission of the Local Ordinary.
9. Abstinence from meat is advisable on all days of the Great Fast, Twenty five day fast, Three day fast, Eight day fast and Fifteen day fast.
10. The Sunday after the 14th of September is considered to be the first Sunday of the Season of *Sleeva* (Cross). The readings for the season of *Elia* are continued till that Sunday. If the feast of *Sleeva* falls on a Sunday, it will be considered as the first Sunday of *Sleeva* (Cross).
11. Four readings are given for all Sundays and for all other Important Feasts.

12. The Table of Feasts in the Liturgical Year is given as Appendix II.
13. Readings for Sacraments, Feasts and for other special occasions are given as Appendix II.
14. On the day of the penitential service (*Vibhoodi*) at the beginning of the Great Fast and on Holy Friday (Passion Friday), fasting and abstinence from meat should be observed. Fasting on all the Fridays of this Season is highly advisable.
15. Abstinence from meat is observed on every Friday. There are exceptions for this on the Fridays between the Feast of the Nativity of Our Lord and the feast of *Denha*, and on the first Friday after Easter.
16. The feasts of the Nativity of Our Lord (December 25), *Denha* (January 6), St. Peter and St. Paul (June 29), *Dukhrana* of St. Thomas the apostle (July 3), Ascension of our Lord, (Thursday after the 6th Sunday of Easter), and Assumption of the Blessed Virgin Mary (August 15) are the five days of obligation. If possible, every faithful should participate in the Holy *Qurbana* and the other celebrations on those days.
17. In the East Syrian Tradition, there are three *Qudašas* (Anaphoras): The First *Qudaša* (*Qudaša* of Mar Addai and Mar Mari) is used from the Monday after Palm Sunday till the end of the season of Dedication of the Church; the Second *Qudaša* (*Qudaša* of Mar Theodore) is used from the first Sunday of the season of Annunciation till and including Palm Sunday; the Third *Qudaša* (*Qudaša* of Mar Nestorius) is used on five days, *i.e.*, on the feast of *Denha* (Epiphany), The Friday of John the Baptist, the memory of the Greek Fathers, the Wednesday of the three days fast, and on *Pesaha* (Holy Thursday). Any of these three *Qudašas* can be used on other occasions too.

Syro-Malabar Liturgical Year

The liturgical year in our Church is so devised that the liturgical community in different seasons and different places may closely reflect on and experience the redemptive work of Jesus Christ (*Išo Mišiha*). The Liturgical year celebrates the salvific mysteries of Jesus in its integrity and fullness. Through fasting and abstinence and commemorations of the saints, the liturgical year helps us to accomplish our destiny, the heaven.

The whole liturgical year and the feasts in it are arranged in order to focus the attention on the resurrection of Jesus, which is the centre of the mysteries of Christ. Instead of limiting the memorial of this great event, the early Church started extending this celebration to every Sunday. Later, all salvific mysteries from the Incarnation to the Second Coming of our Lord and the mysteries of the Church are celebrated all throughout the year by dividing it into several seasons. This arrangement of the liturgical year, which starts with the season of Annunciation and ends in the season of the Dedication of the Church, is an occasion for catechesis too.

Seasons of Syro-Malabar Liturgical Year:

Season of Annunciation (*Suvara*)

Season of Nativity (*Yalda*)

Season of Manifestation (*Denha*)

Season of the Great Fast (*Sauma Ramba*)

Season of Resurrection (*Qyamtha*)

Season of the Apostles (*Šleehe*)

Season of Summer (*Kaitha*)

Seasons of Elijah-Cross-Moses (*Ēliya-Sleeva-Mušae*)

Season of the Dedication of the Church (*Qudash Edtha*)

Annunciation-Nativity (Suvara-Yalda)

The season of Annunciation or *Suvara* is the first season in the Syro-Malabar liturgical year. The fullness of the Divine plan of God, which is to divinize man and to make him partake in the eternal life, is revealed in the incarnation of Jesus Christ, the Son of God. Hence, the central theme of the season is the Nativity of Jesus.

As the title 'Annunciation' signifies, the Sundays of this season invite the faithful to meditate on the *annunciations* unfolding in the history of salvation and reaching its fullness in the annunciation to the Virgin at Nazareth. This season has four Sundays before the feast of the Nativity of Our Lord. The two weeks after the Nativity are called as the first and second weeks after the Nativity of the Lord.

As God gave an offspring to Abraham to form a people who believe in Him, He gives John to Zachariah as a herald of the new dispensation. It is through the chosen persons and their offspring that God reveals His salvific plan and continues to do so. The readings on the first and third weeks in this season give this message.

The birth of Jesus, which is the central theme of this season, is the fulfilment of the expectations and prophecies of the Old Testament. The Incarnation by the Son of God from Mary is to cleanse the sin caused by Eve. Jesus' incarnation leads the community to the 'Emmanuel experience' and thereby to the experience of Paradise.

The two weeks after the Nativity proclaim the events related to the incarnation and the whole life of Jesus before His public ministry. The Magi remind us that we need to seek Jesus actively to find Him who reveals Himself in our daily life. The young Jesus in the Temple teaches us that true worship of God happens only when there is real relationship with God.

Mother Mary is particularly venerated in the season of Annunciation as the divine instrument who submitted herself to the will of God with her *Fiat* and thus became the mother of Christ. Other than the Wednesdays assigned to her, this season commemorates the Friday before the season of *Denha*, as the feast of the Divine Motherhood of Mary. Since Blessed Virgin Mary revealed Jesus completely to the world, it is apt to celebrate her feast on the Friday that falls just before the season of *Denha* in which its Fridays commemorate the saints who revealed Jesus to this world.

December 2023

Seasons of Annunciation – Nativity

- 1 Fri *25 days fast begins*
First Friday
Rev 14: 1-7 The Lamb standing on the mount Zion.
Lk 19: 45-48 Cleansing of the Temple.
- 2 Sat 1 Pet 4: 1-10 Steward of the grace of God
Jn 12: 37-43 Unbelief of the Jews
St. Francis Xavier (December 3)
Deut 26:16-19 You are a holy people
Isa 45:20-24 There is no other God besides me
2 Cor 6:3-10 We are servants of God
Mk 6:7-13 Jesus sends out His disciples
- 3 Sun ✕ **First Sunday of Annunciation**
It is advisable to use the Qudasha of Mar Theodore from today till the Palm Sunday
Gen 17:1-5, 15-19 Announcement about the birth of Isaac
Mal 2:17-3:5 Behold, I send my messenger
Heb 11:1-12 Those who are blessed by faith
Lk 1:5-20 Announcement about the birth of John the Baptist
- 4 Mon Rom 4:1-12 Abraham, model of justification
Mt 7:21-27 The true disciple
- 5 Tue Rom 4:13-21 Grace to the descendant of Abraham
Jn 1:1-8 John, the man sent by God
- 6 Wed Col 1:24-29 Christ, the hope of glory, is in you
Jn 5:31-36 John gave witness to the Truth
- 7 Thu Rom 9:30-33 Whosoever believes on Him shall not be ashamed
Lk 1:21-25 The Lord removes the disgrace of Elizabeth

St. Ambrose

Deut 7:1-11 The holy people chosen by God

Sir 15:1-6 The gift to the just

2 Tim 4:1-8 The crown of righteousness

Lk 14:25-33 Cost of discipleship

8 Fri Jas 1:22-27 Act according to the Word of God

Mt 5:1-12 The Beatitudes

Feast of the Immaculate Conception of Our Lady

Sir 24:1-14 (24:1-34) The greatness of wisdom

Isa 7:10-16 Virgin will give birth to a son

Heb 1:1-3, 2:16-18 Son of God

Lk 1:46-55 (Mt 1:1-17+Lk 1:46-55) The Magnificat

9 Sat *Death anniversary of Mar Louis Pazheparampil (1919)*

1 Jn 4:7-12 Manifestation of the love of God

Jn 3:16-21 The goal of Incarnation

10 Sun ✠ **Second Sunday of Annunciation**

Gen 3:8-24 The Promise of Salvation to Eve

Jer 33:14-26 I will cause a righteous branch to spring up for David

Rev 5:1-5 The Lion of the tribe of Judah, the root of David

Lk 1:26-38 The Annunciation to the Blessed Mother

11 Mon Rom 1:1-7 The Christ is the Son of David and the Son of God

Mt 22:41-46 The Christ is the Son of David and the Lord

12 Tue Eph 3:1-13 Minister of the Gospel

Lk 1:39-45 Mary visits Elizabeth

13 Wed Eph 3: 14-21 The depth of the love of Christ

Lk 1: 46-56 Canticle of Mary

14 Thu 1 Jn 5:13-20 The Christ is the true God and Eternal life

Lk 1:67-75 The horn of salvation in the house of David

St. John of the Cross

1 Cor 2:1-10 Hidden and mysterious divine wisdom

Lk 14:25-33 Discipleship demands sacrifice

15 Fri Rom 12:9-21 Conquer evil with good

Lk 6:27-36 Do good to those who hate you

16 Sat Col 1:12-19 The Christ is the firstborn before all creation

Jn 8:48-58 The Christ was there before Abraham

17 Sun ✠ **Third Sunday of Annunciation**

Gen 21:1-12 The birth of Isaac

Isa 40:1-11 Prepare the way for the Lord

1 Cor 1:26-31 God's choice

Lk 1:57-66 Announcement about the birth of John the Baptist

18 Mon Eph 1:3-14 Canticle on the plan of salvation

Lk 1:67, 76-80 Canticle of Zechariah

The Miraculous Cross at Mylapore

Ex 17:4-6 Water from the rock

Acts 2:29-36 (2:14-36) God raised Jesus whom you crucified

Eph 2:14-22 Peace through the Cross

Jn 14:1-6 Way to the Father

19 Tue *Death anniversary of Mar John Menacherry (1919)*

2 Cor 3:1-11 Ministers of the Covenant

Mt 11:7-15 The greatest of those born of women

20 Wed 1 Pet 2:1-10 You are the chosen ones

Mk 3:31-35 Jesus' mother and brothers

21 Thu *The establishment of the Syro-Malabar Hierarchy (1923)*

1 Cor 10:23-33 Do everything for the Glory of God

Lk 7:30-35 Wisdom is justified by its actions

22 Fri Rom 2:1-9 God's Judgement

Lk 6:37-42 Do not judge others

23 Sat Gal 4: 12-20 The apostle is in the pain of child birth until Christ is formed in us

Jn 3: 22-30 He must increase, but I must decrease

24 Sun ✠ **Fourth Sunday of Annunciation**

Ex 34:1-9 God appears to Moses

Zech 2:7-13 God dwells with His people

Rev 21:1-7 The sanctuary of God is with the people

Mt 1:18-24 Announcement about Emmanuel

Season of Nativity

25 Mon **Christmas – The Nativity of Our Lord**

Day of Obligation

Isa 7: 10-16, 9: 1-3, 6-7 Virgin will give birth to a son

Mic 4:1-3, 5: 2-5, 8-9 The ruler from Bethlehem

Gal 3:15-4:6 In Christ Jesus you are all children of God

Lk 2: 1-20 The birth of Jesus

26 Tue Rom 8:14-17 Those who are guided by the Spirit of God
Mt 2:19-23 Jesus from Egypt to Nazareth.

St. Stephen

Patron's day of Mar Stephen Chirappanath

Acts 6:8-10, 7:54-59 Martyrdom of St. Stephen

Mt 10:16-22 One who endures to the end will be saved

27 Wed Rom 8:31-39 Who will separate us from the love of Christ?

Lk 2:25-35 A sword will pierce your heart.

St. John, the Apostle

Patron's day of Mar John Vadakkal, Mar John Nellikunnel and Mar John Panamthottathil

Ex 33:12-23 (33:9-23) God is with the people

Sir 15:1-6 God's devout will receive the reward

Rom 8:35-39 Who will separate us from the love of Christ?

Jn 21:20-24 Jesus and the beloved disciple

- 28 Thu 1 Jn 4:12-16 Father has sent his Son as the Saviour of the world
 Jn 10:31-38 Jesus is the Son of God who was incarnated
Holy Childhood Day (The Infants' Day)
 Gen 4:3-8 Cain murders Abel
 Jer 31:15-17 Voice of lamentation from Ramah
 Heb 11:32-38 (11:3-10 + 11:32-12:2) Persecuted for faith
 Mt 2:13-18 The massacre of the infants
- 29 Fri Heb 1: 1-4 He is the reflection of God's glory and the exact imprint of God's very being
 Jn 1:14-18 Jesus Christ, God the only Son, is close to the Father's heart
- 30 Sat 1 Cor 1:4-9 He who makes us rich in Word and Wisdom
 Lk 2:36-40 Jesus who grew up in Wisdom and Age
- 31 Sun ✠ **Second Sunday of Nativity**
 Ex 34:28-35 Moses was with the Lord
 1 Sam 3:1-10 Samuel at the Temple
 Rom 11:33-12:2 True worship
 Lk 2:22-24, 41-52 Jesus at the Temple
Feast of the Holy Family
 Gen 1:26-28 He created them male and female
 Sir 3:1-9 Duties to the parents
 Col 3:18-21 Family life led by Christ
 Mt 2:13-14, 19-23 Holy Family flees to Egypt
End of the Year
 Lev 6:1-7 If you sin against the Lord, you shall make atonement before the Lord
 Wis 5: 7-10, 14-16 The righteous live forever and their reward is with the Lord
 1 Tim 6:6-12 Fight the good fight of the faith
 Lk 13:6-9 Let us bear fruit

January 2024

Seasons of Nativity and Denha

- 1 Mon 1 Jn 5:1-5 Those who believe in Jesus are sons of God
Jn 5:19-23 The Son who does the works of the Father
Holy Name of Jesus (Circumcision)
Gen 17:1-14 (17:1-27) The naming of Abraham and
circumcision of the Israelites
Isa 43:1-7 (42:18-43:13) God calls you by name
Phil 2:5-11 (Gal 5:1-6+Phil 2:5-11) The name of Jesus is
greater than every other name
Mt 1: 18-25+Lk 2:21 He was named Jesus
New Year Day
Ex 23:14-17 You shall hold a festival for the Lord
Isa 52:7-12 All the ends of the earth shall see the
salvation of our God
Eph 4:17-24 Be a new creation
Mt 6:25-34 Trust in God
- 2 Tue Heb 3:1-6 Moses was faithful as a servant
Jn 1:19-28 Testimony of John
- 3 Wed 1 Cor 3:5-9, 21-23 Responsibility of ministers
Lk 11:27-32 The blessedness of Mary
St. Kuriakose Elias
Gen 12:1-4 God calls Abraham
Isa 44:1-4 I will bestow my grace upon your children
1Pet 4:12-19 Live according to God's will
Mt 5:1-12 Life according to the Beatitudes
- 4 Thu Rom 3:21-26 Redemption and justification through
Christ
Lk 3:1-9 Sermon of John the Baptist.
- 5 Fri **The Divine Motherhood of Mary**
Ex 15: 11-21 (Ex 15:11-21+Mich 6:1-5+ Jer 31:13-17)
Miriam praises the Lord

Acts 1: 12-14 (1:1-14) The apostles were devoting themselves to prayer with Mary

Rom 16: 17-20, 25-27 (16: 1-27) The revelation of the mystery of God

Lk 1: 39-45 (Lk 1: 26-55+Mt 1: 1-16, 18-25) Mary, the Mother of the Lord

Season of *Denha*

The Syriac word *Denha* means ‘dawn’, ‘manifestation’, ‘revelation’, *etc.* The season starts with the feast of *Denha* which commemorates the baptism of Jesus Christ. The Father and the Holy Spirit revealed the Son of God at His baptism and here commences the public ministry of Jesus, the Sun of Justice. This season reminds us that at the baptism of Jesus, the Holy Trinity is revealed.

This season which remembers the public ministry of Christ, the Messiah, highlights the personality of Jesus through the readings. As a crucial moment of His public ministry, the call of the Apostles is given much importance in this season.

The mother Church teaches that the Messiah came to earth for the sinners and He is the Lamb of God, and it is through Him, man attains remission of sins and salvation. The readings of this season proclaim that Jesus is the fulfillment of the Law, He is the Bread of Life and He is the Good and Merciful Shepherd who sends His disciples in search of the sheep.

The first Friday of *Denha* commemorates the feast of John the Baptist who experienced the glory of Jesus even from his mother’s womb and witnessed this glory from heaven at the time of Jesus’ baptism. The following Fridays remember the saints who witnessed Jesus by experiencing His divine glory. The last Friday is dedicated to all the departed who await in the great hope of resurrection.

Since the season of 'Great Fast' should have seven weeks before the feast of the Resurrection, the number of the weeks in *Denha* may vary. As a preparation for the season of the Great Fast, which has the spirit of contrition and penance, there is a three day fast in this season, 18 days before the season of the Great Fast.

6 Sat ✠ **The Feast of Denha**

Important feast day and a day of obligation.

It is proper to use the Order of Third Qudasha (Anaphora of Mar Nestorius) in the Holy Qurbana.

Episcopal ordination of Mar Mathew Moolakkatt (1999)

Syro-Malabar Mission Week begins.

Ex 19:16-25 Lord descends upon Mount Sinai

Joel 2:28-32 God shows wonders in the heavens and on the earth

2 Tim 1:6-10 Grace has been revealed.

Mk 1:1-11 Baptism of Jesus.

7 Sun ✠ **First Sunday of Denha**

Ex 33:18-23 The glory of the Lord will be revealed

Zeph 3:14-20 The Lord is in your midst

2 Pet 1:16-21 Witnesses to glory

Jn 1:45-51 The disciples will witness the glory

8 Mon *Death anniversary of Mar Alexander Choolaparambil (1951)*

2 Cor 12:1-10 Paul trusts in God's grace

Mt 4:1-11 Temptation in the desert

9 Tue Rom 1:13-17 The Gospel is the power of God leading to salvation

Lk 4:14-22 Anointed to preach the Gospel

10 Wed *Death anniversary of Mar Augustine Kandathil (1956)*

2 Tim 3:10-17 One who lives in Christ will be persecuted

Lk 4:23-30 Prophet is rejected in the homeland

11 Thu Phil 1:12-18 Christ is proclaimed in every way

Jn 3: 22-30 He must increase, but I must decrease

- 12 Fri *First Friday of Denha*
Syro-Malabar Mission Week ends
St. John the Baptist
It is proper to use the Order of Third Qudasha (Anaphora of Mar Nestorius) in the Holy Qurbana.
 2 Sam 12:1-10 That man is you
 Jer 1:4-10, 16-19 To uproot and to smash
 Acts 12:1-11 The martyrdom of Jacob
 Mt 14:1-12 Beheading of John the Baptist
- 13 Sat Rev 4:1-8 Holy is the Lord God the Almighty
 Lk 7:18-23 Are you the one who is to come?
St. Devasahayam (January 14)
 Rom 9: 30-33 Whoever believes in him will not be put to shame
 Jn 10: 31-39 Jesus is the Son of God who was incarnated
- 14 Sun ✠ **Second Sunday of Denha**
Special Collection for the Mission Week
 Ex 3:9-16 I am the One who is
 Sir 18:1-14 The glory of God
 Rev 1:4-8 One who is and is to come
 Jn 8:21-30 I am from above
- 15 Mon Eph 1:15-23 Christ is great
 Jn 3:31-36 Christ is from above
- 16 Tue 1 Jn 3:1-10 Christ came to cast out the devil
 Mk 1:21-28 The unclean spirit confesses
- 17 Wed Rev 19:5-10 Let us glorify God
 Jn 2:1-12 The revelation of the glory of Jesus
- 18 Thu 1 Cor 6:12-20 The glory of man
 Jn 2:13-25 Cleansing of the Temple
Unity Octave begins
 Eph 4:1-6 Exhortation for unity
 Jn 17:6-11 Let them be one, as we are

- 19 Fri **St. Peter and St. Paul, the Apostles**
 Ex 19:1-8 Moses proclaims the words of the Lord
 Acts 10:34-43 The Sermon of Peter
 Gal 1:11-24 The call to be an Apostle
 Jn 21:15-19 The mission given to Peter by the Risen Lord
- 20 Sat Phil 2:5-11 God became man and took the form of a servant
 Mt 11:25-30 I am meek and humble of heart
St. Sebastian
Patron's day of Mar Sebastian Vadakkal, Mar Sebastian Adayanthrath, Mar Sebastian Vaniyapurackal and Mar Sebastian Pozholiparampil
 Deut 32:37-43 There is no God besides me
 Isa 49:1-4 The Lord is my right
 2 Tim 2:1-5 Christ's good warrior goes through tribulations
 Mt 10:24-33 Bear witness without fear
- 21 Sun ✠ **Third Sunday of Denha**
 Deut 31:1-8 Joshua is chosen
 Isa 41:8-16 I have chosen you
 Phil 3:4-16 The attitude of the chosen one
 Mk 3:7-19 The call of the Apostles
- 22 Mon **Three Days Fast**
 Deut 30:1-6 May the Lord have mercy on you
 Jon 3:1-10 Repentance of Nineveh
 Jud 1:20-25 Gaze upon Lord's mercy
 Mt 9:9-13 Jesus came to call the sinners
- 23 Tue **Three Days Fast**
 2 Chr 6:24-30 Come to the Temple and confess your sins
 Bar 1:15-21 Confessing of the sins
 Jas 5:13-20 Confess your sins
 Jn 1:29-34 Lamb of God who takes away the sins

24 Wed **Three Days Fast**

It is proper to use the Order of Third Qudasha (Anaphora of Mar Nestorius) in the Holy Qurbana.

Gen 29:15-30 The love of Jacob

Hos 14:1-9 Repentance and new life

1 Pet 4:1-11 Love erases many sins

Lk 7:36-50 The one who loved much

St. Francis de Sales

Eph 3:8-13 Paul, the Apostle of the gentiles

Jn 15:9-17 Remain in my love

25 Thu **Thursday after the Three Days Fast**

Ezek 33:10-16 The joy of the Lord

Mic 7:8-9, 18-20 I will see the salvation of the Lord

3 Jn 1:1-8 The joy of the Apostle

Lk 15:1-10 Joy in Heaven about those who repent

Unity Octave ends

The Conversion of St. Paul

Ex 3:1-14 God calls Moses

Acts 9:1-22 Conversion of St. Paul

1 Cor 15:1-10 Jesus appears to one who is untimely born

Mt 20:1-16 The labourers in the vineyard

26 Fri *Republic Day of India*

Death anniversary of Mar Mathew Makkil (1914)

The Evangelists

Gen 2:5-17 The four rivers of Paradise

Ezek 1:1, 4-14 God's vision for Ezekiel

Rev 4:1-11 Symbols of the Evangelists

Lk 8:4-15 The seed that is the Word of God

St. Timothy and St. Titus

2 Sam 22:2-4 Lord is my redeemer

Wis 7:28-8:3 God loves the wise

1 Tim 6:11-16 Fight for faith

Mt 16:24-27 Disciple of Christ should suffer

- 27 Sat Rom 10:5-13 Good news of salvation for all
 Mk 1:40-45 Jesus heals the leper
St. Thomas Aquinas (January 28)
 1 Kgs 3:5-12 Wisdom is given to Solomon
 Wis 7:7-14 Those who pray will get wisdom
 1 Cor 1:18-25 The Folly of the Cross
 Mt 5:13-16 You are the salt of the earth and the light of the world
- 28 Sun ✠ **Fourth Sunday of Denha**
 Gen 29:1-14 Jacob beside the well of Laban
 2 Kgs 17: 24-28 The origin of the Samaritans
 Heb 6:1-12 You have things that belong to salvation
 Jn 4:1-26 Jesus is the promised Messiah
- 29 Mon *Major Archiepiscopal status to the Syro-Malabar Church
 Mar Antony Padiyara, the first Major Archbishop (1993)*
 2 Cor 5:17-21 He who believes in Christ is a new creation
 Jn 4:27-30, 39-42 Samaritans who believed in Christ
- 30 Tue 1 Thess 1:2-6 Those who gladly accepted the Word
 Jn 8:37-47 He who is of God hears the Word of God
World Day of Peace
 Eph 2:14-22 Jesus is our peace
 Jn 14:27-31 Peace given by Jesus
- 31 Wed 1 Cor 7:29-35 Serve the Lord with undivided devotion
 Lk 10:38-42 Mary has chosen the good thing
St. John Bosco
Patron's day of Mar Bosco Puthur
 Phil 4:4-9 Do whatever you have heard from me
 Mt 18:1-5 Welcome children in my name

February 2024

Seasons of Denha and Great Fast

1 Thu Gal 3:15-20 Jesus is the fulfillment of promise
Jn 11:17-27 Messiah, the Son of God, the one coming into the world

2 Fri *First Friday*
Episcopal ordination of Mar George Alencherry (1997)

St. Stephen

Gen 4:1-12 Cain and Abel

1 Kgs 21:1-13 Naboth is stoned to death

Acts 6:8-15, 7:1-2a, 51-60 Stephen is stoned to death

Lk 23:33-43 Father, forgive them

The Presentation of Our Lord in the Temple (Purification of Our Lady)

Lev 12:1-8 Purification of mothers

Isa 42:1-7 Servant of the Lord

Rom 9:30-10:4 Christ, the fulfillment of the law

Lk 2:22-38 Presentation of Jesus in the Temple

The Greek Fathers

It is proper to use the Order of Third Qudasha (Anaphora of Mar Nestorius) in the Holy Qurbana.

1 Kgs 4:29-34 The wisdom of Solomon

Wis 7:22-30 The glory of Wisdom

1 Cor 1:18-29 To those who are called, Christ, the power of God and the wisdom of God

Jn 12:20-26 The Greeks search for Jesus

The Syriac Fathers

Prov 4:1-13 Earning of wisdom is desirable

Dan 2:14-23 God gives wisdom and strength

2 Cor 4:1-6 Knowledge of the glory of God

Mt 5:13-19 The salt of the earth and the light of the world

Patron of the parish

Ex 4:10-17 Aaron's appointment

Isa 49:6-10 You have been given to the people as a covenant

2 Cor 6:1-13 The co-workers of Christ

Jn 15:1-8 Abide in me just as the branch abides in the vine.

3 Sat Eph 4:25-32 Forgive each other.

Mt 6:5-15 Forgive your brother.

St. John Britto (February 4)

1 Cor 9:19-23 I have become all things to all people

Jn 15:18-25 The world will hate you because of me

4 Sun ✠ **Fourth Sunday of Denha**

Episcopal ordination of Mar Jose Pulickal (2016)

Lev 4:13-21 Forgiveness through sacrifice.

Dan 9:1-9 Forgiveness belongs to God.

Col 1:12-19 Salvation and forgiveness through the son.

Mk 2:1-12 Christ, the Son of Man has authority to forgive sins.

5 Mon Col 2:16-19 Do not let anyone condemn you regarding Sabbath.

Mt 12:1-8 Son of Man is the Lord of Sabbath.

6 Tue *Death anniversary of Mar Mathew Pothanamuzhi (1982)*

Acts 5:12-20 Miracles and signs through the Apostles.

Mt 12:9-14 It is lawful to do good on the Sabbath.

7 Wed Gal 3:7-14 No one is justified through the law.

Jn 5:1-18 Jesus heals on the Sabbath.

8 Thu *Episcopal ordination of Mar Thomas Elavanal (1997)*

Rom 2:25-29 Importance of interiority.

Mt 12:15-21 God's chosen servant, who brings justice to victory.

9 Fri *Episcopal ordination of Mar Mathew Arackal (2001) and Mar George Madathikandathil (2013)*

Commemoration of the Dead

Deut 30:15-20 Choose life or death.

Prov 15:19-25 For the wise, the path of life leads upward.

Rev 20:11-15 The dead are judged.

Jn 5:19-29 Those who have done good will come out to the resurrection of life

10 Sat Rom 13:8-14 Love is the fulfillment of law.

Lk 10:25-37 Love of God and love of neighbour

Our Lady of Lourdes (Day of the sick) (February 11)

Rev 12:1-6 The woman who is clothed with the sun

Jn 2:1-11 Do whatever He tells you

Season of the Great Fast (*Sauma Ramba*)

The basis of the Season of the Great Fast is Jesus' forty days fast. This season assures that through fast and prayer one can evade evil and overcome the temptations. Great Fast teaches that one should share the God-given wealth with others and that the greed for wealth leads to sin. Through the act of contrition, one can experience the joy of salvation. The true disciple is one who recognizes God as his wealth after the example of the Apostles who left everything in order to follow Jesus.

The themes of the readings in this season are contrition, charity, prayer and fast. The purity of body is important, and the purity of heart is even more so. One attains salvation when one confesses his sins and follows Jesus. The Church exhorts that God wills our sanctification and it is through the unique sacrifice of Jesus' body, our salvation is attained.

It is extremely difficult to live without sin when our body tempts us to do the evil. This season encourages us to undergo this pain to practice virtues. All the sufferings and mortifications in our

life lead us to grow in virtues and to lead a life united with Jesus Christ. Faithful accompaniment with the sufferings of Jesus helps us to enter into the joy of resurrection.

11 Sun ✠ **First Sunday of the Great Fast**

Fast begins at midnight. Tomorrow is a Day of Fasting.

Marriage is banned from tomorrow until Easter.

Ex 24:12-18 Moses was on Mount Sinai for forty days

Sir 2:1-11 Trust in the Lord and face temptations

Heb 2:10-18 One who is able to help those who are tempted

Lk 4:1-13 Jesus' forty days fast

12 Mon *Lent begins; Day of Fasting*

Gen 3:1-13 Adam and Eve are tempted

Wis 12:16-20 God gives grace of repentance

Rom 12:1-8 Transformation through the renewal of mind

Mt 21:28-32 The son who repented and did the will of the father

13 Tue *Episcopal ordination of Mar Bosco Puthur (2010)*

1 Kgs 8:41-50 Repent and pray

Neh 8:17- 9:3 People confess their sins

Acts 8:14-25 Divine gift is through repentance and prayer

Mk 9:14-29 Importance of prayer and fasting

14 Wed Mal 2:1-9 Warning to the priests

Acts 5:1-11 Ananias and Sapphira

Jas 4:1-10 Warning against worldliness

Mt 18:1-10 Woe to him who gives scandals

15 Thu 1 Macc 2:49-61 The last warning of Mattathias

Job 23:8-14 When tested, I will shine like gold

1 Thess 2:17-3:5 You are our crown of hope, joy and praise

Lk 22:24-30 You are with me in my trials

- 16 Fri Sir 44:19-23 Those who proved faithful when tested
 Jer 17:5-10 He who tests the heart
 Jas 1:12-18 He who overcomes trials is given crown of life
 Lk 22:39-46 Pray not to be tempted
- 17 Sat *Death anniversary of Mar Joseph Pastor Neelankavil (2021)*
 2 Cor 2:5-11 Forgiveness to the sinner
 Lk 15:11-24 The parable of the prodigal son
- 18 Sun ✠ **Second Sunday of the Great Fast**
 Gen 13:1-13 One who gives up wealth and trusts in God
 Sir 31:1-11 Use of wealth
 1 Tim 6:3-10 Greed is the root sin
 Lk 19:1-10 Repentance of Zacchaeus
- 19 Mon Jas 2:1-9 The attitude towards the rich and the poor
 Lk 16:19-31 The rich and Lazarus
- 20 Tue *Death anniversary of Cardinal Mar Joseph Parecattil (1987)*
 Jas 5:1-6 Warning against the rich
 Lk 18:18-30 Wealth and discipleship
- 21 Wed 1 Tim 6:17-21 The foolish greed for money
 Lk 12:13-21 The pseudo security of the rich
- 22 Thu Rom 8:1-6 Keep your mind on the Spirit
 Mt 6:19-24 Your heart will be there where the treasure is
- 23 Fri Deut 8:11-18 Wealth is a divine gift
 Sir 29:1-2, 10-13 The debt and charity
 Jas 1:9-11, 4:13-16 The poor and the rich
 Lk 14:7-14 Use of status and wealth
St. Polycarp
 Ex 3:1-6 God calls Moses
 Dan 3:19-26 Three young men in the blazing furnace
 2 Cor 6:3-10 We are servants of God
 Lk 11:43-52 Prophets will be persecuted

- 24 Sat Phil 3:4-11 He counted as loss everything for the sake of Christ
 Lk 5:1-11 Give up everything and follow Christ
Blessed Martyr Rani Maria (February 25)
 Gen 22:1-13 The sacrifice of Abraham
 2 Macc 7:1-11 The mother and her seven sons
 2 Cor 4:7-15 Suffer for Jesus
 Mt 10:16-25 Give witness to the Gospel
- 25 Sun ✠ **Third Sunday of the Great Fast**
 Deut 15:7-15 Donate generously
 Tob 12:6-15 Fasting, Charity, Prayer, Justice
 2 Cor 8:9-15 Almsgiving as possible
 Mt 6:1-8, 16-18 Fasting, Charity, Prayer
- 26 Mon Phil 4:10-20 God will take care of your needs
 Mk 9:33-41 Actions in the name of Jesus will be rewarded
- 27 Tue 2 Cor 9:1-5 Generous donation without pressure
 Mk 12:38-44 Widow's coins
- 28 Wed 2 Cor 9:6-10 He who sows abundantly will also reap abundantly
 Lk 6:32-38 Give, and it will be given to you
- 29 Thu Jas 2:10-17 Faith without action is dead
 Mt 7:21-28 Do the will of your Heavenly Father

March 2024

Season of the Great Fast

- 1 Fri *First Friday*
Prov 8:12-21 I have enriched those who love me
Amos 5:1-7 Seek the Lord
2 Cor 9:11-15 Those who are made wealthy in order to be generous
Lk 12:29-34 Seek the Kingdom of God
- 2 Sat 2 Cor 6:14-7:1 Temple of God.
Lk 8:42b-48 The bleeding women recovers.
- 3 Sun ✘ **Fourth Sunday of the Great Fast**
Gen 19:1-11 The sin of Sodom
2 Sam 12:1-7, 13-17 The repentance of David
2 Tim 2:22-26 Call on the Lord with a holy heart
Mt 5:27-32 Be holy
- 4 Mon Ex 19:9-15 Purify the people
Ezek 22:6-15 I will wipe away your impurity
2 Pet 1:1-9 Flee from the sinful desires
Mk 7:14-23 Things that defile a person
- 5 Tue Ex 3:1-6 The place where you stand is holy
Sir 4:11-18 Those who serve wisdom, serve the Holy One
Heb 12:14-17 One cannot see God, without attaining sanctification
Lk 11:33-41 Be enkindled
- 6 Wed **Mid Lent**
1 Kgs 19:19-21 Elisha follows Elijah
Job 22:23-30 You will be saved because of the innocence of your hands
Rev 3:1-6 Those who are with white garments will walk with me
Mk 10:46-52 He threw the outer garment away and followed Jesus

- 7 Thu Ex 29:31-37 Sacrifice of atonement
 2 Macc 1:24-29 Sanctify the children of Israel
 1 Thess 4:1-8 This is the will of God, your sanctification
 Lk 5:12-16 Jesus heals the leper
- 8 Fri Ex 28:40-43 Sanctify Aaron and his sons.
 Prov 20:5-9 Those who are cleansed from sin.
 Heb 10:1-10 We have been sanctified through Christ's sacrifice once for all.
 Jn 17:9-19 Christ sanctify himself, so that we also may be sanctified in truth.
- 9 Sat Rev 3:14-22 Repent, behold, I knock at the door
 Lk 24:44-49 Repentance will be preached for the forgiveness of sins
- 10 Sun ✠ **Fifth Sunday of the Great Fast**
 Gen 4:8-16 Cain's repentance
 1 Sam 24:1-8 The forgiving love
 1 Jn 1:5-10 Salvation when sins are confessed
 Jn 8:1-11 Salvation for the sinful woman
- 11 Mon Eph 4:1-6 Make every effort to maintain the unity of the Spirit
 Lk 17:1-6 Forgive the repentant
- 12 Tue 1 Pet 3:8-12 Do not repay evil for evil, but repay with a blessing
 Mt 5:38-48 Love your enemies
- 13 Wed 1 Thess 5:12-18 Community life
 Mt 18:15-20 Fraternal responsibility
- 14 Thu 1 Cor 13:1-8,13 Love forgives
 Mt 18:21-35 Forgive your brothers wholeheartedly
- 15 Fri Num 29:1-6 The lamb is to be offered as an atonement sacrifice
 Ezra 8:31-35 Burnt offerings to the God of Israel

- Heb 9:23-28 Christ's sacrifice takes away sin
 Mt 20:20-28 Jesus gave his life a ransom for many
- 16 Sat 1 Cor 2:1-8 They would not have crucified the Lord of glory
 Mt 17:1-9 Transfiguration of Jesus
- 17 Sun ✠ **Sixth Sunday of the Great Fast**
 Deut 8:1-10 The Lord disciplines you through suffering
 2 Macc 6:18-31 Endurance for the faith
 1 Pet 4:12-19 Rejoice as you are sharing Christ's suffering
 Mk 8:31-9:1 Salvific aspect of suffering
- 18 Mon 1 Pet 2:18-23 When you do right and suffer, you have God's approval
 Mt 12:15-21 Jesus, the Servant of God
St. Cyril of Jerusalem
 Deut 4:1-8 Be faithful
 Sir 39:6-14 Be proud of the Covenant of God
 1 Cor 10:14-21 Get away from idol worship
 Mt 10:23-28 Bear witness without fear
- 19 Tue Col 1:24-29 Church, the mystical Body of Christ
 Jn 15:18-27 If they have persecuted me, they will persecute you
St. Joseph
Patron's day of Mar Joseph Perumthottam, Mar Joseph Pamplany, Mar Joseph Pallikaparambil, Mar Joseph Kunnath, Mar Joseph Kallarangat, Mar Jose Porunnedam, Mar Joseph Pandarasseril, Mar Joseph Arumachadath, Mar Jose Chittooparmbil, Mar Joseph Kollamparampil, Mar Jose Puthenveettil, Mar Joseph Kodakallil, Mar Jose Kalluvelil, Mar Jose Pulickal and Mar Joseph Srampickal.
 Isa 41:8-16 Jacob, I have chosen you
 Acts 19: 11-20 (19: 8-20) God did extraordinary miracles through Paul

- 2 Cor 10:3-11 (10: 3-18) The spiritual weapons with
divine power
Mt 1:18-25 Joseph, the Just
- 20 Wed Rom 8:31-39 Who will separate me from the love of
Christ?
Mt 10:17-22 He who endures to the end will be saved
- 21 Thu 2 Tim 1:6-14 Endure the hardships for the sake of the
Gospel
Mk 10:32-34 The Third Prophecy: Suffering and
Resurrection
- 22 Fri *40th Friday*
1 Kgs 17:17-24 Elijah raises the widow's son
Acts 9:36-42 Peter raises Tabitha
Rom 5:12-17 Life through Jesus Christ
Jn 11:32- 44 Jesus raises Lazarus
- 23 Sat *Death anniversary of Major Archbishop Cardinal Antony
Padyara (2000)*
Patron's day of Mar Vijay Anand Nedumpuram
2 Cor 2:14-17 We are the fragrance of Christ
Jn 12:1-11 Anointing at Bethany
- 24 Sun ✠ **Palm Sunday (Seventh Sunday of the Great Fast)**
Gn 49: 8-12, 22-26 (49: 1-12, 22-26) The sceptre shall not
depart from Judah
Zech 9:9-12 (4: 8-14+7:9-10+8: 4-5, 12-19+9: 9-12)
The king of peace is coming to Zion
Rom 11:13-24 We grafted into the Olive tree, the Christ
Mt 21:1-17 (20: 29-21:22) Jesus' triumphal entry into
Jerusalem and cleansing of the temple
- 25 Mon *Episcopal ordination of Mar Antony Chirayath (2006)*
*It is recommended to use the Qudasha (Anaphora) of Addai
and Mari from today onwards till the end of season of the
Dedication of the Church*

1 Kgs 9:1-9 This temple will be a heap of ruins if the commandment is not kept

Lam 2:1-7 God cuts down the might of Israel

Rom 11:17-24 The lesson from the olive tree

Lk 19:41-48 Prophecy on the destruction of Jerusalem

The Feast of Annunciation

Ex 15:11-21 (15: 1-21+Mich 6: 1-5+Jer 31: 13-17) The Lord guides Israel

Acts 1: 11-14 The disciples awaiting the promise of God the Father

Heb 1: 1-13 (1:1-13+ 2:16-18) God has spoken in these last days by a Son

Lk 1:26-38 The Annunciation of the birth of the Saviour

26 Tue Gen 37:5-24 Joseph is thrown into a pit

2 Chr 24:17-22 Zechariah is killed at the courtyard of the temple

Heb 13:10-16 Jesus also suffered outside the city gate

Lk 20:9-19 They threw him out of the vineyard and killed him

27 Wed *From this evening till the evening of Great Saturday (Holy Saturday), the prayer: "Jesus humbled Himself ..." is recited*

Gen 45:3-15 God sent me here

Jer 20:7-13 Jeremiah's sufferings and heart-burning fire

2 Cor 5:1-10 The earthly tent will be destroyed, but we have a heavenly dwelling

Jn 12:20-36 The wheat must fall to the ground and decay

28 Thu **Pesaha Thursday**

Death anniversary of Mar Januarius Palathuruthy (1995)

It is proper to use the Order of Third Qudasha (Anaphora of Mar Nestorius) in the Holy Qurbana

Only one Qurbana in the churches

Blessed Sacrament is given only to the sick outside the celebration of Qurbana

Ex 12:1-20 Israel observes the Passover

Mal 1:10-14 Offer in every place a pure offering to my name

1 Cor 11:23-29 Remembrance of the Lord's Supper

Jn 13:1-14+ Mt 26: 26-30 Jesus washes the disciples' feet and the institution of the Eucharist

29 Fri **Passion Friday**

Day of Fasting

Gen 22:1-19 Abraham prepares to sacrifice Isaac

Isa 52: 13-53:9 The suffering servant

Rom 5: 6-16 Christ died for us, sinners

Part I: Lk 22:63-23:12+ Mt 27:19+ Lk 23:13-23+

Mt 27:24-25+ Lk 23:24-45+Mt 27:51-54+Jn 19:23-30;

Part II: Jn 19: 31-42 The Passion of the Lord

30 Sat **Great Saturday**

Till the feast of Pentecost "Queen of Heaven" is recited.

Ex 17:3-7 or Deut 34: 1-9 or Gen 22: 1-19 Abraham prepares to sacrifice Isaac

Jon 2:1-10 Jonah in the belly of the fish for three days

Rom 6: 3-11 If we have died with Christ, we will also live with him

Mt 28:1-20 The message of resurrection

Season of Resurrection (Qyamtha)

The only feast in the early Church was the feast of Resurrection, which is the centre of Christian faith. From the time of the Nicaean Synod, this feast is celebrated on the Sunday after the first full-moon that follows March 21.

This season remembers the events from the Resurrection of Jesus to Pentecost in seven weeks. The first Friday of this season is celebrated as the Memorial of 'All Saints and Martyrs'. The Sunday after the feast of Resurrection is known as the New Sunday (*Puthu-njayar*) that commemorates the proclamation of faith in Jesus by St. Thomas, the Apostle.

This season gives the good news that the Risen Lord, who entrusted Simon Peter and other Apostles and their successors with the task of leading the flock, is with them till the end of the world. The feast of the Ascension of the Lord is celebrated on the fortieth day after the feast of Resurrection. Hence, this season asks the faithful to ponder on heaven, resurrection and eternal life. It is only through Jesus Christ, the savior, that one can attain eternal life.

The Church upholds the example of the Apostles who spent their whole time in the Temple as per the command of Jesus at the time of His Ascension. The Church asks us to wait hopefully for the joy of the Pentecost in the Church where heaven and earth unite.

31 Sun ✠ **Easter Sunday (Resurrection of Our Lord)**

Isa 60: 1-7 Glory of the Lord has risen upon you

1Sam 2: 1-10 My heart exults in the Lord

Rom 5: 20-6:23 Dying and rising with Christ

Mt 28: 1-6 The Resurrection of Jesus

First Sunday of Resurrection

Ezek 37:1-10 They came to life

Jon 2:1-10 The fish vomited Jonah ashore

Acts 2:22-28 God raised him up

Jn 20:1-10 The empty tomb

April 2024

Season of the Resurrection

- 1 Mon *Death anniversary of Cardinal Varkey Vithayathil (2011)*
Wis 6:12-19 Wake up in the morning and seek wisdom
Jer 31:10-14 I will turn their mourning into joy
1 Cor 15:23-28 Christ was resurrected as the firstborn
Jn 20:11-23 Appearances of the Risen One
- 2 Tue *Death anniversary of Saint Pope John Paul II (2005)*
1 Chr 22:7-13 Peace and tranquillity at His time
Zech 8:11-17 I will sow peace
Col 1:15-22 Peace through the sufferings and death of Christ
Jn 14:25-31 I give you peace
- 3 Wed Gen 28:10-19 God appears to Jacob at Bethel
Tob 12:16-22 Raphael reveals himself
Acts 9:1-15 Jesus appears to Saul
Lk 24:13-35 The walk to Emmaus and Jesus appears to the disciples
- 4 Thu *Death anniversary of Mar Abraham Kattumana (1995)*
Death anniversary of Mar Sebastian Valloppilly (2006)
Ex 33:7-11 The Lord speaks to Moses like a friend
Isa 40:27-31 God gives strength to the weary
Rev 1:10-18 I died, but I am alive
Lk 24:36-43 Do not be afraid
- 5 Fri *First Friday*
Episcopal ordination of Mar John Nellikunnel (2018)
Feast of Martyrs (Feast of All Saints)
Dan 3:14-28 Three young men in furnace
Acts 6:8-15, 7:54-60 Stephen is stoned to death
Heb 11:1-6, 32-39 Faith of the ancestors
Lk 12:1-9 Jesus will acknowledge those who acknowledge Him

- 6 Sat *Death anniversary of Mar Emmanuel Pothanamuzhy (2003)*
 2 Cor 3:4-11 Ministers of the New Testament
 Lk 24:44-48 You are witnesses to these things
- 7 Sun ✠ **Second Sunday of Resurrection**
(Sunday of Neophytes)
Episcopal ordination of Mar George Njaralakatt (2010)
 Lev 26:1-13 I am the Lord, your God
 Isa 44:1-8 There is no God besides me
 1 Jn 1:1-4 Witnesses to the Word
 Jn 20:24-31 Proclamation of the faith by Thomas, the
 Apostle
- 8 Mon *Episcopal ordination of Mar Remigius Inchananiyil (2010)*
 Heb 10:19-25 Let's get closer with the hope of faith
 Mt 8:1-4 If you will, you can make me clean
- 9 Tue Rom 3:27-31 Justification for all who believe
 Mt 8:5-13 Faith of the Centurion
- 10 Wed *Episcopal ordination of Mar Raphael Thattil (2010)*
 Rom 4:13-25 Hoping against hope, Abraham believed
 Mt 9:18-26 Your faith has saved you
- 11 Thu *Episcopal ordination of Mar Paul Alappatt (2010)*
 Rom 5:1-5 Access to grace by faith
 Mt 15:21-28 The great faith of the Canaanite woman
- 12 Fri *Episcopal ordination of Mar Mathew Vaniakizhakeel (2000)*
 Jas 5:13-20 Prayer with faith
 Lk 5:17-26 Jesus heals the paralyzed
- 13 Sat Gal 2:15-21 The Apostle who lives by faith
 in the Son of God
 Jn 9:35-41 Believe in the Son of God
- 14 Sun ✠ **Third Sunday of Resurrection**
Episcopal ordination of Mar Thomas Chakiath (1998)
 Ex 3:1-12 God calls Moses, the Shepherd
 Ezek 34:20-26 I will appoint a shepherd

- Eph 4:7-16 Diversity of graces
 Jn 21:15-19 Peter is the shepherd
- 15 Mon 1 Jn 2:1-6 Jesus, the Mediator
 Jn 17:20-26 Jesus, the mediator between the Father and men
- 16 Tue *Death anniversary of Mar Abraham Mattam (2019)*
 1 Tim 1:18-19, 2:1-7 We must pray for everyone
 Lk 22:24-32 Strengthen your brothers
- 17 Wed *Episcopal ordination of Mar James Athikalam (2018)*
 Col 3:12-17 Do everything, giving thanks to God
 Lk 1:46-56 The Magnificat of Mary
- 18 Thu *Episcopal ordination of Mar Pauly Kannookadan (2010)*
 Eph 6:1-9 Serve as to the Lord
 Mt 20:17-28 Not to be served, but to serve
- 19 Fri 2 Tim 2:22-26 The servant of the Lord should not be quarrelsome
 Mt 24:45-51 Wise and faithful servant
- 20 Sat *Episcopal ordination of Mar Sebastian Adayanthrath (2002)*
 Rev 3:15-22 I come to the one who hears my voice and opens the door
 Jn 10:14-16, 22-30 My sheep hear my voice
- 21 Sun ✠ **Fourth Sunday of Resurrection**
World Prayer Day for Vocations
 Josh 1:1-9 The Lord is with you
 2 Chr 15:1-7 If we are close to the Lord,
 the Lord is with us
 2 Cor 13:5-10 Jesus Christ is within you
 Mt 28:16-20 I will be with you till the end of the world
- 22 Mon Rev 21:1-7 God dwells among the people
 Jn 14:15-24 Holy Trinity dwells in the believers

- 23 Tue *Episcopal ordination of Mar Thomas Tharayil (2017)*
 1 Cor 3:18-23 You belong to Christ
 Mk 3:13-19 The call to be with Christ
- 24 Wed *Episcopal ordination of Mar George Punnakottil (1977) and Mar Gregory Karotemprayil (1983)*
 Phil 1:21-25 The Apostle who wants to be with Christ
 Jn 1:35-42 Come and See; They came and saw where Jesus was staying
St. George
Patron's day of Major Archbishop Mar George Alencherry, Mar George Njaralakatt, Mar George Valiyamattam, Mar George Punnakottil, Mar George Rajendran and Mar George Madathikandathil.
 Dan 6: 12-24 Daniel in the lions' den
 Acts 12:1-5 (12:1-23) Martyrdom of St. James
 2 Cor 12: 1-10 (12: 1-14) Be content with hardships and persecutions for the sake of Christ
 Mt 10: 37-42 (10: 37-42+16: 24-27+19: 29-30) Those who lose their life for Christ's sake will find it
- 25 Thu Col 1:24-29 Christ, the hope of glory, is in you
 Jn 6:52-59 I abide in him who eats my body
St. Mark, the Evangelist
 Gen 41: 39-45 Joseph rise to power in all the land of Egypt
 Eze 1:10-14 Ezekiel saw visions of God
 2 Tim 4:6-18 Mark helps Paul in his mission
 Mk 16:15-20 Proclaim the good news to the whole creation
- 26 Fri *Death anniversary of Mar Joseph Kundukulam (1998)*
 2 Cor 5:14-20 He who lives in Christ is a new creation
 Jn 3:1-12 Be born of water and spirit
- 27 Sat Rom 11:25-32 God does not withdraw His gifts and vocation
 Mt 18:10-14 The one who came to save the ruined

28 Sun ✠ **Fifth Sunday of Resurrection**

Mar Addai

Ex 4:27-31 Aaron comes to Moses' aid

Tob 5:1-10, 16-21 Companion of Tobias

Acts 12:24-13:3 Saul, Barnabas and Mark

Lk 10:1-12 The seventy disciples are sent in pairs

29 Mon 2 Cor 12:5-10 My grace is sufficient for you

Lk 9:1-6 Take no staff nor bag nor bread nor money for
your journey

St. Catherine of Sienna

1 Jn 1:5-2:2 Jesus cleanses us from sins

Mt 11:25-30 Hidden to the wise and the intelligent, but
revealed to the infants

30 Tue Phil 2:19-30 Those who do missionary work with Paul

Lk 8:1-8 Women who followed Jesus

May 2022

Seasons of Resurrection and the Apostles

1 Wed *Death anniversary of Mar Mathew Anikuzhikattil (2020)*
Episcopal ordination of Mar Jacob Thoomkuzhy (1973), Mar George Valiamattam (1988) and Mar Andrews Thazhath (2004)

Phil 4:10-20 I can do all things through Jesus Christ who strengthens me

Lk 17:5-10 Serve by the power of faith

St. Joseph, the Patron of the working class

Gen 3:17-19, 23-24 By the sweat of your face you shall eat your bread

Wis 9:10-18 Nothing is possible without hard work

Col 3:14-17 Do everything in the name of the Lord

Mt 13:53-58 Jesus, son of a carpenter

2 Thu *Episcopal ordination of Mar Joseph Kallarangatt (2004)*

1 Cor 15:1-11 What I am is by the grace of God

Lk 9:57-62 Those who are called to proclaim the Kingdom of God

St. Athanasius

2 Sam 22: 1-7 David's song of Thanksgiving

Sir 45: 1-5 Lord made Moses equal in glory to the holy ones

2 Cor 4: 5-14 Treasure in clay jars

Mt 10:23-28 The persecuted in the name of Christ

3 Fri *First Friday*

1 Cor 3:1-9 The mission of the Apostle and his colleagues

Mt 13:24-30 The parable of the weeds

St. Philip and St. James, Apostles

Ex 15:1-6 The song of Moses

Wis 5: 1-7 Face persecution with fortitude

- 1 Cor 9: 16-23 To preach the good news is the duty of a Christian
 Jn 14:1-6 (14:1-14) Jesus is the way, the truth and the life
- 4 Sat *Death anniversary of Bp. Adolph Edwin Medlycott (1918)*
 Rom 11:11-16 Salvation has come to the peoples
 Lk 7:1-10 Peoples come into the faith
- 5 Sun ✠ **Sixth Sunday of Resurrection**
On next Thursday, the feast of Ascension of the Lord
 Gen 9:8-17 The covenant with Noah
 2 Kgs 2:1-15 Elijah is taken to Heaven
 Rom 8:1-11 Resurrection of the body
 Jn 5:19-29 He who believes will be resurrected
- 6 Mon Rom 3:21-26 Salvation in Jesus Christ
 Jn 4:27-30, 39-42 Jesus Christ is the Saviour of the world
St. Dominic Savio
 1 Jn 2:14-17 Word of God abides in you
 Mk 10:13-16 The Kingdom of God belongs to children
- 7 Tue Rom 6:19-23 The reward of God's servants
 Jn 5:36-47 You must go to Christ to receive eternal life
- 8 Wed Acts 20:7-12 Eutychus comes back to life
 Mk 5:21-24, 35-43 Jesus raises Jairus' daughter
- 9 Thu ✠ **Ascension of the Lord**
Important feast day and a day of obligation.
 Gen 5:18-24 Enoch was taken
 Acts 1:1-14 The Ascension of our Lord
 Heb 10:1-14 Jesus seated at the right hand of God
 Mk 16:9-20 The Ascension of our Lord
- 10 Fri Rev 5:1-14 A Lamb standing as if it had been slaughtered
 Jn 1:35-39 Lamb of God who takes away the sins of the world

- 11 Sat Heb 8:1-6 Christ, the Mediator of the New Covenant
Jn 17:9-19 Praying for the disciples
- 12 Sun ✠ **Seventh Sunday of Resurrection**
Gen 28:10-19 The place where heaven and earth meet
Mic 4:1-5 The Temple of the Lord
1 Pet 1:3-9 Those who are waiting with hope
Lk 24:44-53 Disciples who prayed all the time in the temple
- 13 Mon 1 Tim 2:1-7 Pray for all
Lk 18:1-8 Pray unceasingly
- 14 Tue Rom 8:26-30 The Spirit prays for us
Lk 18:9-14 Disposition during the prayer
St. Mathias, the Apostle
1 Sam 16:4-13 (16:1-13) Anointing of David
Acts 1:15-26 The election of Mathias
1 Cor 1: 26-30 Consider your own call
Mt 11: 25-30 In Christ, we will find rest
- 15 Wed *Episcopal ordination of Mar Jose Porunnedam (2004)*
Rom 8:12-17 We are children of God; we call God 'Abba! Father'
Lk 11:1-4 The prayer that Jesus taught
Blessed Virgin Mary, the Protectress of Harvest
Ex 23: 14-16 You shall observe the festival of harvest
Joel 2: 21-29 The threshing floors shall be full of grain
Rom 11:25-32 God does not withdraw His gifts and vocation
Mt 18:10-14 The one who came to save the ruined
- 16 Thu *Patron's day of Mar Joy Alappatt*
Acts 10:44-49 Those who pray receive the Holy Spirit
Mt 7:7-14 Father gives good things
- 17 Fri Eph 6:14-20 Always be prayerful in Spirit
Jn 4:19-24 Worship in spirit and truth

18 Sat 2 Cor 1:17–22 Jesus Christ has given us His Spirit

Lk 11:5-13 The Holy Spirit will be given to those who ask

Season of the Apostles (*Šleehe*)

The season of the Apostles (*Šleehe*) consists of seven weeks starting from the feast of Pentecost. The season focuses on the themes such as divine call, commissioning to preach the Good News and witnessing to Jesus. Pentecost is the day on which the Apostles received the Holy Spirit. This season emphasizes the work of the Holy Spirit in the Church. The first Friday of this season is known as the Golden Friday, reminding us of the fact that if one asks something in the name of Jesus, it will be received, just like the crippled beggar who got cured by Peter.

The faithful, filled with the Holy Spirit, are responsible to proclaim the good news of salvation. This season asks us to be missionaries like the Apostles. The Church calls upon all to declare, like St. Thomas, “let us go and die with him”. The God who protects his 'sent ones' is revealed in the prayers and hymns of this season.

Those who are sent to proclaim the Good News should lead a life centred on the Word of God. This season emphasizes the importance of witnessing to the Word of God without fear. A grain of wheat will bring forth a good harvest only if it falls on the ground and decays. Likewise, Jesus reminds us that we will gain our life by suffering and the courageous witnessing to the Word of God. Bearing witness to Jesus is the primary duty of every Christian.

The Holy Spirit, sent by the Father, dwells in every baptized and showers all His graces and fruits on them. Without the help of the Holy Spirit, one cannot remember and put into practice all that Jesus taught in this world. This season reminds the worshipping community that we lose the Holy Spirit at our own peril.

19 Sun ✠ **First Sunday of the Apostles - The Feast of Pentecost**

From today onwards, "The Angel of the Lord ..." is recited

Gen 2:1-8 The breath of life is breathed in Adam

Job 33:2-4, 34:14-15 The Spirit of God created me

Acts 2:1-21 The coming of the Holy Spirit

Jn 20:19-23 The Holy Spirit is given to the disciples

20 Mon *Inauguration of the first Syro-Malabar Bishops' Synod and*

Consecration of Mar Antony Cardinal Padiyara(1993), the

first Major Archbishop of Syro-Malabar Church.

Episcopal ordination of Mar Joseph Perumthottam (2002)

Gal 3:10-14 Holy Spirit, the promise

Jn 16:5-15 Holy Spirit, helper and teacher

21 Tue 1 Cor 12:4-11, 28-31 There are diversities of gifts, but the same Spirit

Lk 19:11-27 Increase the talents

22 Wed Rom 12:3-13 Serve the Lord with a burning spirit

Lk 1:39-45 Mary visits Elizabeth

23 Thu Rom 15:7-13 Praise to the mercy of God

Lk 10:17-22 Jesus rejoiced in the Holy Spirit and thanked the Father

24 Fri *Friday of Gold (Arubta d'Dahba)*

Tob 11:1-17 Tobit is cured

Isa 35:1-10 The lame man will leap like a deer

Acts 3:1-10 A lame man is healed by the Apostles

Jn 16:19-24 Whatever you ask in the name Jesus will be granted

25 Sat Rom 14:1-9 Whether we live or die, we belong to the Lord

Mk 13:9-13 The Holy Spirit will speak through you

26 Sun ✠ **Second Sunday of the Apostles**

Episcopal ordination of Mar Kuriakose Bharanikulangara (2012)

- Ex 19:1-8 We will do whatever the Lord commands
 Ezek 2:1-7 Ezekiel's mission
 1 Tim 1:12-19 Gratitude for being an Apostle
 Jn 11:1-16 Let us also go that we may die with him
Feast of Holy Trinity
 Rom 5:1-5 God's love has been poured through the Holy Spirit
 Jn 16:12-15 Perfection through the Spirit of truth
- 27 Mon Rom 8:31-39 Nothing will separate us from the love of God
 Mk 3:13-19 The call to be with Christ
- 28 Tue Rev 18:1-8 The fall of Babylon
 Mk 8:34-38 What will it profit them to gain the whole world and forfeit their life?
- 29 Wed *Installation of Major Archbishop Mar George Alencherry (2011)*
 Heb 10:11-18 Unique sacrifice of Christ
 Lk 14:25-35 Give up everything for Christ
- 30 Thu **Feast of the Body and Blood of Christ**
 Gen 14:17-20 Melchizedek brings bread and wine
 Mal 1:6-12 Unceasing sacrifice offered
 1 Cor 11:23-30 Do this in memory of me
 Mt 26:17-29 Institution of the Holy Eucharist
- 31 Fri *Episcopal ordination of Mar John Panamthottathil (2023)*
 Heb 10:32-39 Do not abandon confidence, it brings a great reward
 Mk 10:23-31 Reward for those who follow Christ
Visitation of the Blessed Virgin Mary
 Rom 12:9-16 Share your blessings
 Lk 1:39-45 Blessed Virgin Mary visits Elizabeth

June 2024

Season of Apostles

- 1 Sat *Patron's day of Mar Gratian Mundadan*
2 Cor 3:1-6 You are our recommendation letter, written on our hearts
Jn 10:31-42 I do the works of my Father
St. Justin
Gen 18:23-32 God punishes the wicked
Wis 10:9-14 Wisdom rescues from trouble
1 Cor 1:18-25 Cross: the power of God
Lk 12:2-8 Witness without fear
- 2 Sun ✠ **Third Sunday of the Apostles**
Death Anniversary of Venerable Mar Thomas Kurialacherry (1925)
Ex 23:20-26 I am sending my messenger
Jon 4:1-11 Jonah's mission
Rom 15:14-21 Preach the Gospel
Lk 9:1-6 Sending of the Apostles
- 3 Mon Rom 1:1-7 An Apostle is set apart for the gospel of God
Lk 4:14-22 To preach the gospel to the poor
- 4 Tue Acts 19:11-20 Miracles performed by the Apostle Paul
Mt 17:14-21 Jesus heals a boy with epilepsy
- 5 Wed Rev 3:14-22 I counsel you to buy salve to anoint your eyes so that you may see
Jn 9:1-11 Go to Siloam and wash
- 6 Thu Col 2:8-17 In Christ is the fullness of authority
Mk 3:1-12 Jesus heals the man with withered hand
- 7 Fri *First Friday*
Feast of the Sacred Heart of Jesus
Gen 22:9-14 The sacrifice of Abraham
Isa 52:13-53:9 He was wounded for us

- Heb 10:19-24 A new way of life through the veil of the body
 Jn 19:31-37 The pierced Heart of Jesus
- 8 Sat Heb 4:12-16 The Word of God is active and alive
 Mk 4:1-9 The parable of the sower
Immaculate Heart of Mary
 Eph 1:2-8 We have been chosen in Christ
 Lk 2:41-51 Mary treasured everything in her heart
St. Mariam Thresia
 Gen 12:1-4 God calls Abraham
 Sir 2:1-6 Trust in the Lord
 Gal 2:19-21 Crucified with Christ
 Mt 25:31-40 Express your love of God through good deeds
Mar Aprem (June 9)
 Deut 26:16-19 You are a holy people
 Sir 45:1-5 Moses was beloved by God and people
 Rom 5:1-5 Rewards of righteousness
 Mt 5:13-20 You are the salt of the earth and light of the world
- 9 Sun ✠ **Fourth Sunday of the Apostles**
Patron's Day of Mar Ephrem Nariculam
 Ex 20:1-17 Ten commandments
 Ezek 3:1-11 Proclamation by the power of the word
 Rom 10:5-15 How beautiful are the feet of those who proclaim the Gospel!
 Jn 6:60-69 The words of Eternal life
- 10 Mon 2 Tim 3:10-17 Sacred Scripture perfects man
 Mk 4:10-20 Explanation of the parable of the sower
- 11 Tue *Death anniversary of Mar Sebastian Mankuzhikary (1994)*
 Heb 8:7-13 I will establish my law in their hearts
 Jn 6:41-46 God will teach everyone
St. Barnabas, the Apostle

- 1 Chr 16:8-12 Proclaim the works of the Lord
 Acts 11:19-26 (11: 1-3, 21-26) Missionary works of Barnabas
 Gal 2:1-10 Barnabas with Paul
 Mt 10: 16-22 Persecutions to those who witness Christ
- 12 Wed Eph 6: 10-20 Apostle, the ambassador of the mystery of the gospel
 Jn 14: 21-24 The word that you hear is from the Father who sent me
- 13 Thu Acts 5:12-20 Preach the Word of Life
 Jn 17:1-8 I have given to them the word that you gave to me
St. Antony of Padua
Patron's day of Mar Antony Chirayath, Mar Antony Kariyil, Mar Prince Antony Panengadan and Mar Tony Neelankavil
 1 Cor 2:1-10 Wisdom is the power of God's Spirit
 Lk 10: 1-9 Proclaim the Gospel of the Kingdom of God
- 14 Fri *Death anniversary of Mar Kuriakose Kunnassery (2017)*
 Jas 1:19-27 The real hearers of the Word
 Lk 6:46-49 Those act in accordance with the Word of God
- 15 Sat Rev 3:7-13 You have kept my Word
 Jn 5:19-24 He who hears the Word has eternal life
- 16 Sun ✠ **Fifth Sunday of Apostles**
 Ex 7:1-6 Moses and Aaron before Pharaoh
 Jer 11:18-23 Conspiracy against Jeremiah
 2 Cor 4:7-18 The suffering of the Apostle in Christ
 Mt 10:16-33 Do not be afraid to bear witness
- 17 Mon 1 Pet 2:18-25 Endure hardships wholeheartedly
 Jn 15:18-27 The world will also persecute the disciples
- 18 Tue *Death anniversary of Mar John Perumattam (2011)*
Episcopal ordination of Mar Peter Kochupurackal (2020)
 2 Thess 1:3-10 Persecutions for the Kingdom of God

- Jn 16:1-7 Do not be scandalised
- 19 Wed 1 Pet 3:13-19 Christ died for us
Jn 12:20-28 Grain of wheat should fall into the earth and decay
- 20 Thu 2 Cor 10:1-6 Paul's bold argument
Lk 13:31-35 Carry out the mission with courage
- 21 Fri Phil 1:27-30 Striving for the faith of the gospel
Lk 12:4-12 With courage, acknowledge Christ before others
- 22 Sat Rom 8:18-25 The glory to be revealed
Lk 21:12-19 Through suffering you will gain life
St. John Fisher and St. Thomas Moore
1 Pet 4:12-19 Suffer with Christ
Mt 10:16-22 One who endures to the end will be saved
- 23 Sun ✠ **Sixth Sunday of the Apostles**
Lev 8:1-13 Anointing of Aaron and his sons
Isa 6:1-8 Here I am, send me
1 Cor 1:26-31 God's call
Mt 9:27-38 Pray to the Lord of the harvest
- 24 Mon Acts 1:15-26 After the prayer of the Apostles, Mathias was chosen
Lk 6:12-19 After the prayer, Jesus chose the Apostles
Birth of John the Baptist
Gal 4:1-7 You are no longer slaves but children
Lk 1:57-66 The birth of John the Baptist
- 25 Tue 2 Thess 2:13-17 The apostle's prayer for the believers
Jn 17:9-19 Jesus prays for His disciples
- 26 Wed 2 Cor 3:4-11 The apostles are the ministers of the new covenant
Lk 1:26-38 Mary, called to be the mother of Christ
- 27 Thu Eph 3:14-21 Prayer for the Church

- Jn 17:20-26 Jesus prays for the believers
- 28 Fri 1 Cor 7:17-24 God's call and the condition of those who were called
 Jn 21:1-14 Jesus confirms His disciples in their vocation
St. Irenaeus
 Ex 28:28-30 The priests who serve in the Holy place
 Mal 2:4-7 A priest must keep wisdom in his tongue
 2 Tim 3:14-17 All Scripture is useful for teaching and correction
 Jn 14:26-30 Holy Spirit teaches everything
- 29 Sat Acts 6:1-7 Choosing of seven ministers
 Lk 8:1-8 Women who followed Jesus
St. Peter and St. Paul, the Apostles
Important feast day and a day of obligation.
Patron's day of Mar Pauly Kannookadan, Mar Paul Alappatt and Mar Peter Kochupurackal
 2 Kings 4: 16-21, 32-37 (4:8-37) Life to the son of the Shunem woman
 Acts 9:36-42 Sign worked by Peter
 2 Cor 11:21b-33 (10:1-7+11:21b-33) Paul is proud of the sufferings
 Jn 21:15-19 (Mt 16: 13-19+Jn 21:15-19) Lead my sheep
- 30 Sun ✠ **Seventh Sunday of the Apostles**
 Num 11:16-18, 24-30 Seventy leaders receive the Spirit
 1 Sam 16:14-23 Saul lost the Spirit of God
 Gal 5:16-26 The fruits of the Spirit
 Jn 14:15-20, 25-26 The helper sent by the Father through the prayer of Jesus

July 2024

Seasons of the Apostles and Kaitha

- 1 Mon *Episcopal ordination of Mar Jacob Angadiath (2001)*
Eph 1:3-14 In Christ, sealed by the Holy Spirit
Mt 3:4-12 He will baptize you with the Holy Spirit
- 2 Tue Tit 3:1-7 Duties of the baptized
Jn 3:1-12 Birth by water and Spirit
- 3 Wed ✠ **Dukhrana of St. Thomas, the Apostle**
Important feast day and a day of obligation.
Patron's day of Mar Thomas Elavanal, Mar Thomas Chakiath,
Mar Thomas Thuruthimattam, Mar Thomas Tharayil and
Mar Thomas Padiyath.
Episcopal ordination of Mar Vijay Anand Nedumpuram (1990)
Gen 2:8-17 God put the man whom he had formed in Eden
Prov 4: 10-18 Keep hold of instruction, for she is your life
Eph 2: 19-22 The household of God, built upon the foundation of the apostles and prophets
Jn 20:24-29 "My Lord and my God"
- 4 Thu Heb 3:7-19 Listen to the voice of the Holy Spirit
Mt 16:1-12 Pharisees and Sadducees come to test Jesus
- 5 Fri *First Friday*
Feast of the Seventy Disciples
Ex 24:1-11 Seventy leaders of Israelites
Isa 50:4-10 The Lord taught me as a disciple
2 Cor 6:1-10 As servants of God, commend yourselves in every way
Lk 10:1-12, 17-20 The Seventy disciples
- 6 Sat Rom 14:13-19 The Kingdom of God is the joy in the Holy Spirit
Jn 16:16-24 Happiness that cannot be taken away

Season of Summer (*Kaitha*)

The Syriac word *Kaitha* means summer. Harvest normally takes place in the summer. The season of *kaitha* remembers and celebrates the growth of the Church and spiritual harvest. There are seven weeks in this season. It reminds of the evangelization of the apostles and the martyrs. As a result, the Church grew as a big tree and started bearing fruits of sanctity and martyrdom. This season which unites the season of *Šleeha* and the season of Elijah-Cross-Moses, deals with the missionary activities of the Church and exhorts the need for a good preparation for the second coming of the Saviour.

The first Sunday of *Kaitha* commemorates the feast of the Twelve apostles and this day is also known as *Nusardel*. On the Fridays of this season, we remember the martyrs and saints who witnessed Jesus courageously and thus ensured the growth of the Church. The first Friday is dedicated to Mar Jacob of Nisibis who offered his life for the Lord; second Friday to Mar Mari, the founder of the Persian Church who is the disciple of Mar Addai; fifth Friday to Marth Shmoni and her seven children and sixth Friday to Mar Simon Bar Saba and the co-martyrs. By commemorating their feasts, the Church invites the faithful to imitate them in bearing witness to Jesus.

The Church grows and bears fruits only when it abides in Christ, the Messiah. God patiently waits for the children of the Church to produce good fruits. The readings of this season remind us of the danger of producing bad fruits.

As the captain of the ship, Jesus, protects the Church, the arc of salvation, from all the powers of darkness and leads Her to the Heavenly Jerusalem. Hence, this season gives us the hope that there is no place for fear for those who trust in the Lord. The world and all that is in it will be destroyed; but the true treasure of the faith in the Lord will be eternal. This season exhorts, therefore, not to linger on the worldly things, but to have the true treasure in heaven.

- 7 Sun ✠ **First Sunday of Kaitha**
Feast of Twelve Apostles (Nusardel)
 Gen 35:23-29 The twelve sons of Jacob
 Josh 4:1-9 These twelve stones shall be a memorial forever
 Rev 21:9-21 The twelve disciples of the Lamb
 Mt 10:1-15 The twelve disciples
- 8 Mon Eph 2:11-22 The household of God, built upon the foundation of the apostles and prophets
 Mt 16:13-20 The Church will be built on the Rock
- 9 Tue *Patron's day of Mar Alex Tharamangalam*
 Gal 1:10-16 The call to be an Apostle
 Jn 4:31-38 Do the will of the one who sent
- 10 Wed *Death anniversary of Mar James Pazhayattil (2016)*
 1 Tim 4:12-16 Be an example to believers
 Lk 12:41-48 Loyal steward
- 11 Thu *Death anniversary of Bishop Charles Levigne (1913)*
 Rev 14:1-5 The Lamb and His followers.
 Jn 21:20-25 The beloved disciple of Jesus.
St. Benedict of Nursia
 Gen 17:1-8 Covenant with Abraham
 Wis 9:1-12 Pray for wisdom
 Rom 8:12-17 You will die if you live according to the flesh
 Mt 5:1-12 Beatitudes
- 12 Fri **Mar Jacob of Nisibis**
 Ex 3:1-10 Calling of Moses
 Isa 41:8-16 Jacob was called from afar
 Gal 1:6-10 Be a servant of Christ
 Lk 1:67, 76-80 John was in the wilderness until the day of his appearing unto Israel

- 13 Sat Phil 1:19-26 Christ will be honoured in my body
Jn 11:1-16 Let us also go that we may die with him
- 14 Sun ✠ **Second Sunday of Kaitha**
Deut 28:1-14 Blessed is he who keeps the word of God
Sir 10:19-25 He who stands by the Lord will be honoured
Rom 11:17-24 The lesson from the olive tree
Jn 15:1-8 The vine and its branches
- 15 Mon Col 1:1-8 Gospel bears fruit in believers
Jn 15:9-17 I appointed you to go and bear fruit
St. Kuriakose and St. Julitta
Patron's Day of Mar Kuriakose Bharanikulangara
Dan 3:25-45 Praising the Lord from the furnace
Acts 6:8-15 (6: 8-7:10) Martyrdom of St. Stephen
Heb 11:3-10 (11:3-10,32-12:2) Faith of the ancient patriarchs
Mt 10:16-33 Bear witness to the Lord in front of the people
- 16 Tue 2 Pet 3:8-13 The Lord is waiting patiently for us
Mt 20:1-16 Workers in the vineyard
Our Lady of Mount Carmel
1 Kgs 18:41-46 Elijah brings rain through prayer
Isa 35:1-4 The splendour of Carmel
2 Cor 1:3-7 Jesus Christ consoles us in all our affliction
Lk 11:24-28 The blessedness of Mary
- 17 Wed 1 Thess 5:12-22 Give thanks in all circumstances
Lk 17:11-19 One of the ten lepers thanked Him
- 18 Thu Gal 6:6-10 Do not grow weary of doing good
Mt 21:18-22 The fig tree is cursed
- 19 Fri **Mar Mari, the disciple of Mar Addai**
Ex 29:38-46 Daily sacrifices
Acts 2:37-42 Early Christian community
1 Cor 3:5-11 One who is grounded in the grace of God
Jn 14:1-11 Jesus is the way to the Father

- 20 Sat Rom 15:30-33 Join me in my struggle by praying to God.
Mt 7:7-11 Those who pray will be rewarded.
- 21 Sun ✠ **Third Sunday of Kaitha**
Ruth 1:6-18 Faithful ministry
Sir 33:7-13 Distinctiveness in creation
Rom 12:3-8 Diversity in ministries
Lk 10:38-42 Martha and Mary
- 22 Mon Tit 2:1-10 Teach sound doctrine
Mt 7:12-20 The golden rule
St. Mary Magdalene
Rom 8:35-39 Who can separate us from the love of Christ?
Jn 20:1-18 Mary Magdalene proclaims the risen Christ
- 23 Tue 1 Cor 7:1-7 The Christian marriage
Mt 19:3-12 Marriage; Celibacy
- 24 Wed Rom 12:14-21 Do what is best in the eyes of all
Jn 13:1-15 Do as I have done to you
- 25 Thu 1 Tim 6:1-6 Mutual respect
Mt 21:28-32 The parable of two sons
St. James, the Apostle
Patron's day of Mar Jacob Thoomkuzhy, Mar Jacob Manethodath, Mar Jacob Angadiath, Mar Jacob Muricken and Mar James Athikalam
Ex 24: 12-18 Moses on the Mount Sinai
Acts 11:27-12:3 Martyrdom of James
1 Cor 4:6-15 Apostles of Christ
Mt 20: 20-28 (20: 20-34) Not to be served but to serve
- 26 Fri *Death Anniversary of Mar Thomas Tharayil, Bishop of Kottayam Diocese (1975)*
Rom 15:1-6 We must bear the weaknesses of the weak
Mt 18:21-35 The parable of the ruthless servant

St. Joachim and St. Anne

1 Sam 2:1-10 (2: 1-18) Hannah's prayer

Isa 54: 1-8 New Jerusalem

Heb 11:8-12 Faith of Abraham

Mt 1:1-16 The genealogy of Jesus Christ

27 Sat Rom 13:1-7 Christians and rulers

Mt 17:24-27 The temple tax

St. Alphonsa (July 28)

Deut 28:8-12 Israel, God's portion

Isa 53:10-12 Suffering leads to the Kingdom of God

Gal 2:19-21 Be crucified with Christ

Jn 12:20-26 Be like the grain of wheat that falls into the ground and decays

28 Sun ✠ **Fourth Sunday of Kaitha**

Deut 6:1-9 Commandments to be kept in the land of
Cannan

Ezek 3:16-21 Ezekiel's mission

2 Thess 2:13-17 Suffering for the Kingdom of God

Mt 13:44-52 Growth of the Kingdom of God

29 Mon Eph 1:15-19 May He enlighten your inner eyes.

Mk 8:22-30 Sight for the blind.

St. Martha

1 Jn 4:7-16 He who lives in love lives in God

Jn 11:17-26 (11:3-26) Jesus, the life and resurrection

30 Tue 1 Cor 1:10-17 Spread the Gospel without making
divisions

Jn 3:22-30 He should grow and I should decrease

31 Wed Gal 3:19-25 The role of the Law in the history of
salvation

Lk 10:25-37 The good Samaritan

St. Ignatius of Loyola

1 Cor 10:31-11:1 Everything for the glory of God

Lk 14:25-33 Disciple of Jesus must give up everything

August 2024

Seasons of Kaitha and Elijah-Cross-Moses

- 1 Thu *Fifteen days fast begins*
Heb 12:18-29 We receive a kingdom that cannot be shaken
Lk 17:20-33 The Kingdom of God is within you
St. Alphonse Liguori
Rom 8:1-11 Life in the Spirit
Mk 12:28-33 You are not far away from God's Kingdom
- 2 Fri *First Friday*
Rom 14:13-23 Be careful not to give scandal
Mk 9:42-50 Woe to him who gives scandal
- 3 Sat Rom 2:17-24 The Name of God is blasphemed because of you
Mt 15:10-20 Blind guides of the blind
St. John Maria Vianney (August 4)
1 Sam 21:1-6 Priest gives holy bread to David
Ezek 36:22-27 God who purifies us from sin
2 Cor 1:3-7 Partaking in the suffering of Jesus
Mt 9:35-10:1 Jesus feels compassion for the people
- 4 Sun ✠ **Fifth Sunday of Kaitha**
Episcopal ordination of Mar Lawrence Mukkuzhy (1999)
Lev 16:20-28 Remedy for evil
Isa 14:1-15 The fall of evil
Jud 1:8-13 Recognise the traps of devil
Lk 11:14-26 Divided house will be destroyed
- 5 Mon Rev 12:7-12 The fall of the serpent
Lk 8:26-39 Jesus heals the possessed
- 6 Tue *Death anniversary of Bishop Paulinus Jeerakathil (1990)*
1 Jn 3:1-10 He who is born of God does not sin
Jn 8:37-47 He who is of God hears the Word of God

Transfiguration of Our Lord

Ex 19:1-8 + 20:18-21 Covenant at Sinai

Act 1: 15-26 Matthias in the place of Judas

Hb 12: 18-29 We are n the city of the living God

Mt 17: 1-9 Transfiguration of Jesus

7 Wed 1 Thess 4:1-8 Your sanctification is the Will of God
Mt 21:12-17 The cleansing of the Temple

8 Thu 1 Thess 3:6-13 May the God of peace sanctify you completely
Mk 1:40-45 Jesus heals the leper

St. Dominic

Patron's Day of Mar Dominic Kokkattu

1 Cor 2:1-10 Hidden wisdom of God

Lk 9:57-62 Go and proclaim the Kingdom of God

9 Fri **St. Shmoni and her Seven Sons**

2 Macc 7:1-6, 20-23, 41 Mother and her seven children

Dan 6:1-17 Daniel in lion's den

2 Cor 6:1-10 We are treated as dying, but are alive

Jn 16:25-33 Be courageous, I have conquered the world

10 Sat *Patron's day of Mar Lawrence Mukkuzhy*

Rev 20:1-6 Thousand years of reign

Mt 12:38-45 Return of the unclean spirit

St. Clare (August 11)

Deut 17:2-9 God's own holy people

Isa 62:1-5 People glorified by the protection of the Lord

Phil 3:8-14 Renounce everything for Christ

Mt 19:27-29 Hundred fold reward

11 Sun ✠ **Sixth Sunday of Kaitha**

Gen 8:1-11 Ark of Noah, the image of the Church

Song 6:1-4 God and Israel, the bride

Rev 21:9-14 The Church that is the heavenly Jerusalem

Jn 6:16-24 Christ protects the Church, the Ship

- 12 Mon Eph 5:22-33 Christ is the head of the Church and the protector of the body
Mt 16:13-20 The gates of hell will not prevail against the Church
- 13 Tue Acts 4:32-37 Grace was upon the apostles to give testimony
Lk 12:22-34 Trust in God's providence
- 14 Wed Eph 4:1-6 Maintain the unity of the Spirit
Jn 21:1-12 Although there were so many, the net was not torn
St. Maxmillian Kolbe
1 Pet 3:14-17 Suffer for justice
Lk 9:23-26 Renounce life for the sake of Christ
- 15 Thu ✠ **Assumption of Our Lady**
Episcopal ordination of Mar Joseph Pallikaparambil (1973)
Important feast day and a day of obligation.
Ex 15:11-18 Hymn of Moses
Acts 1:6-14 The Church together with Bl. Mary waits for the Holy Spirit
Rom 16: 17-27 (16: 1-27) Be wise about what is good
Jn 2: 1-12 (Jn 2: 1-12+Mt 12: 46-50+ 13: 53-57 + Lk 11: 27-28)
Do whatever He tells you
Independence Day of India
- 16 Fri **St. Simeon Barsaba and the Co-Martyrs**
Isa 50:4-10 Servant of the Lord
Acts 20:17-24 To testify to the good news of God's grace
2 Cor 6:1-10 We are the servants of God in every way
Jn 15:18-21,16:1-4 If they persecuted me, they will persecute you also
- 17 Sat 1 Cor 12:12-27 You are the body of Christ and members of it
Mt 18:15-20 I will be in the midst of you

18 Sun ✠ **The Seventh Sunday of Kaitha**

Gen 6:13-22 All the creatures will be destroyed, for the earth is filled with violence

Jer 32:36-41 I will deposit devotion to me in their hearts

Jas 4:1-10 Warning against worldliness

Mt 6:19-24 Keep the treasure in heaven

19 Mon 1 Cor 9:24-27 Run to get the prize

Mk 12:28-34 The Golden rule of the Kingdom of God

20 Tue 2 Pet 1:1-11 Strive for the entry into the eternal kingdom

Lk 12:13-21 The rich fool

21 Wed 1 Jn 3:11-18 Help the needy

Lk 16:19-31 The rich and the poor

St. Pius X

1 Kgs 19:3-8 God who protects Elijah

Prov 9:1-5 Stupidity leads to destruction

1 Thess 2:2-4 We have been approved by God

Jn 21:15-19 Take care of my sheep

22 Thu 1 Cor 6:1-11 Those who act unjustly will not inherit the kingdom of God.

Lk 6:27-36 Your reward will be great.

23 Fri *Death anniversary of Mar Joseph Irimpan (1997)*

2 Cor 9:6-15 Blessings through charity

Mt 19:13-24 You will have treasure in heaven

24 Sat Philem 1:8-20 Accept him as I am

Mt 10:5-15 Reward in the kingdom of heaven for those who receive the disciples

St. Bartholomew, the Apostle

Deut 18:15-19 A prophet like Moses

Isa 22: 15-22 A warning to Shebana who did evil

1 Cor 12: 27-31 We are the Body of Christ

Lk 6:12-19 Jesus chooses the apostles

Seasons of Elijah-Cross-Moses (*Ēliya-Sleeva-Muṣae*)

The central point of the seasons of Elijah-Cross-Moses is the feast of the Exaltation of the Cross (*Sleeva*) on 14 September. Elijah and Moses who were present at the Transfiguration of the Lord represent the Old Testament and the Cross (*Sleeva*) signifies Jesus who is the fulfillment of the Old Testament. The main themes of these seasons are the victory of the Cross (*Sleeva*), the Second coming of Jesus and the final judgement.

The Church invites us to prepare well for the Second Coming of Jesus by producing fruits of contrition and repentance by continuously meditating on the message received from the prophets of the true God. This season urges the faithful to avoid sins from their lives by making them aware that the desires of the body are against the Spirit.

The Church exhorts the liturgical community to serve the Lord and to grow in fidelity, wisdom, and to engage in incessant prayer and vigil as a preparation for the Lord's Day. This will help them to be worthy of the eternal life as the wise virgins.

The bronze serpent raised by Moses in the Old Testament is a prototype of the Cross (*Sleeva*) on which Jesus was raised at Calvary. One who is proud of the name of the Lord is also to be proud of His suffering and Cross (*Sleeva*), which is the symbol of salvation. This season reminds us that those who follow Jesus, who died on the Cross and entered into the glory of Resurrection should also carry the Cross. The readings highlight that suffering and death are essential for the entry into glory.

The Cross (*Sleeva*) on Calvary revealed the glory of Jesus who did the will of God by His suffering and death. Jesus, the One who sits at right side of the glory after his Death, Resurrection and Ascension, comes at the end as the Judge. The faithful are

exhorted to embrace the suffering that comes their way to enter into the glory of the Lord who humbled Himself on the Cross (*Sleeva*) and was raised up by God.

Death and final judgement are the theological themes of the season of Moses. ‘Those who endure till the end will attain salvation’ is the word of hope that Jesus gives here. The Church teaches that even though the barren trees would be thrown away, those who bear fruit overcoming the hindrances and facing the sufferings with faith will attain solace and joy.

25 Sun ✠ **First Sunday of Elijah-Cross-Moses**
(First Sunday of Elijah)

Ex 34:28-35 Moses’ face was radiant

2 Chr 5:11-14 The glory of the Lord in the Temple

1 Cor 15:35-50 The glory of the heavenly bodies is unique

Mk 9:2-13 The Transfiguration of Jesus

26 Mon 1 Cor 2:9-15 The mysterious and hidden Wisdom of God

Lk 23:33-43 Remember me when you are in your kingdom

27 Tue 1 Jn 1:1-7 Christ is the life and light

Jn 8:12-20 Jesus is the light of the world

28 Wed 1 Cor 6:12-20 Your body is the temple of the Holy Spirit.

Mt 5:27-32 Thou shall not commit adultery.

St. Augustine

Deut 10:12-17 Love God with your whole heart

Wis 7:10-14 Love wisdom

2 Cor 5:14-21 Reconcile with God

Mt 5: 13-19 You are light of the world and salt of the earth

29 Thu Phil 3:17-21 He will transform our humble bodies

Mt 18:1-5 The greatest in the Kingdom of God

St. Euphrasia

Gen 12:1-4 God calls Abraham

Sir 2:1-6 Trust in the Lord

1 Thess 4:1-8 Life pleasing to God

Mk 10:35-45 The first among you must be
the servant of all

30 Fri 1 Cor 15:12-22 Resurrection of the dead through Jesus

Jn 11:17-27 I am the resurrection and the life

31 Sat 1 Cor 15:50-58 Body and blood cannot claim the

Kingdom of God

Mt 22:23-33 The resurrection of the dead

September - 2024

Season of Elijah–Cross–Moses

- 1 Sun ✘ **Second Sunday of Elijah-Cross-Moses**
(Second Sunday of Elijah)
Eight Days fast begins
Deut 18:14-22 I will raise up a prophet like Moses.
Sir 48:1-11 Acts of Elijah.
Heb 11:23-29 The faith of Moses.
Mt 17:9-13 The arrival of Elijah.
- 2 Mon Gal 5:19-26 The works of the flesh and the fruits of the Spirit.
Lk 3:7-14 Sermon by John the Baptist.
- 3 Tue *Patron's day of Mar Gregory Karotemprayil*
Rom 2:1-11 The judgment of God.
Mt 12:38-42 The Ninevites will condemn this generation.
- 4 Wed Jas 3:1-12 The power of the tongue.
Mt 12:33-37 In judgment day we have to give account to every vain word.
- 5 Thu Gal 5:13-18 The desires of the flesh are against the spirit.
Lk 21:29-38 Warnings.
St. Theresa of Calcutta
Jas 2:14-17 Faith without action is dead
Mt 25:31-40 See Christ in the needy
- 6 Fri *First Friday*
2 Tim 3:1-9 The last days are a time of trouble.
Mt 24:1-14 The beginning of sufferings.
- 7 Sat Rev 2:1-7 Repent.
Lk 13:1-5 If you do not repent, you will die.

- 8 Sun ✠ **Third Sunday of Elijah-Cross-Moses**
(Third Sunday of Elijah)
Episcopal ordination of Mar Sebastian Vadakel (1998)
 Num 24:15-24 The prophecy of Balaam.
 Zech 14:1-9 The Lord's day.
 1 Cor 7:29-35 Time is limit; serve the Lord intently.
 Mt 24:32-44 Stay awake.
The Nativity of Our Lady
 Gen 17:15-22 (17:1-27) She shall become the mother of nations
 Isa 43:1-7 (42:18-43:13) Return of Israel
 Rev 12:1-6 Woman clothed with the sun
 Mt 1:1-16 Genealogy of Jesus
- 9 Mon 1 Tim 6:11-16 Possess eternal life.
 Mt 24:45-51 The faithful steward.
- 10 Tue *Death anniversary of Mar Joseph Kariatty (1786)*
 Rev 3:14-22 Do not be lukewarm.
 Mk 11:12-14; 20-26 Cursing the fig tree.
- 11 Wed *Episcopal ordination of Mar Jose Chittooparambil (2010)*
 Rev 22:10-19 The tree of life.
 Mt 25:1-13 The prudent will enter.
- 12 Thu 1 Tim 4:1-11 Be the best minister of Jesus Christ.
 Mk 13:32-37 Always be vigilant.
- 13 Fri 1 Pet 5:5-11 Stay awake with patience.
 Lk 22:39-46 Stay awake and pray not to be tempted.
St. John Chrysostom
 Eph 4:1-7, 11-13 Services are to build up the Church
 Mk 4:1-9 The sowed Word
- 14 Sat **The Exaltation of the Cross**
 Num 21:4-9 Bronze serpent
 Isa 42:13-17 (42:13-43:12) The victory of God

1 Cor 1:18-25 (1:18-31) Cross, the sign of the power of God

Lk 24:13-27 (24:13-35) Messiah suffered and entered into glory

15 Sun ✠ **Fourth Sunday of Elijah-Cross-Moses**
(First Sunday of Cross)

Episcopal ordination of Mar Joseph Kodakallil (2015)

Death anniversary of Mar Clement Thottunkal (1991)

Num 21:1-9 The Bronze serpent.

Zech 10:8-12 They shall walk in His Name.

Gal 6:11-18 Far be it from me to boast except in the Cross.

Mt 10:34-42 He who does not take up his cross and follow me is not fit for me.

16 Mon *Episcopal ordination of Mar George Rajendran (2012)*

2 Cor 10:1-6 Our weapons of war are not physical.

Lk 18:31-34 Suffering and resurrection, the third prophecy.

17 Tue *Episcopal ordination of Mar Joseph Kollamparambil (2013)*

Col 2:6-15 He nailed to the cross, the record of debt.

Jn 3:13-21 The Son of Man must also be exalted.

18 Wed Heb 12:1-3 Jesus endured the agony of the cross.

Lk 24:13-35 Jesus himself came near and went with those who were walking to Emmaus.

19 Thu *Episcopal ordination of Mar Jose Kalluvelil(2015)*

Eph 2:11-22 Jesus ended the enmity through the Cross.

Jn 11:45-57 Jesus' death for the people.

20 Fri Acts 4:1-12 Salvation is only in Jesus, the cornerstone.

Lk 20:9-19 The stone abandoned by the builders, became the maincornerstone.

21 Sat Phil 3:17-21 Many live as enemies of the Cross of Christ

Mt 16:21-27 One who rejects the Cross is Satan.

St. Mathew, the Apostle

Patron's day of Mar Mathew Moolakkatt, Mar Mathew Vaniakizhakeel, Mar Mathew Arackal and Mar Mathew Nellikunnel

Episcopal ordination of Mar Jose Puthenveettil (2013)

1 Chr 29:10-19 Blessed be God forever

Ezek 1:1-14 The vision of Ezekiel

Heb 11:23-26 Suffer for Christ's sake

Mt 9:9-13 Jesus chooses Levi as disciple

22 Sun ✠ **Fifth Sunday of Elijah-Cross-Moses** **(Second Sunday of Cross)**

Gen 9:8-17 Rainbow, the sign of the covenant.

Dan 7:9-14 Son of Man coming in clouds.

1 Cor 1:18-25 The message of the Cross.

Mt 24:29-36 The sign of the Son of Man.

23 Mon 1 Cor 10:1-13 One who is standing should be careful not to fall.

Mt 24:15-28 Warnings about the end.

24 Tue 1 Jn 2:18-29 Many antichrists have come!
Jn 7:25-31, 40-43 He is the Christ!

25 Wed Rev 19:11-15 Punishment for those who do evil.
Lk 12:54-59 Reconcile with the enemy on the way.

26 Thu 1 Cor 5:9-13, 6:9-11 Those who act unjustly will not inherit the Kingdom of God.
Lk 17:20-25 The Kingdom of God is within you.

27 Fri *Episcopal ordination of Mar Joy Alappatt (2014)*
2 Pet 3:1-7 Heaven and earth will be consumed by fire.
Lk 17:26-35 The coming of the Son of man.

St. Vincent de Paul

Patron's day of Mar Vincent Nellaiparambil

Deut 24:10-18 Be kind to the poor

Isa 42:1-9 The servant of the Lord

- 1 Cor 1:26-31 God chose us
 Mt 9:35-38 Jesus went about doing good
- 28 Sat 2 Pet 3:10-13 New heaven and new earth.
 Mt 4:12-17 The Kingdom of heaven is approaching.
Archangels Michael, Gabriel and Raphael
(September 29)
Patron's day of Mar Raphael Thattil
 Rev 12:7-12 Michael and angels
 Jn 1:43-51 The angels ascending and descending
- 29 Sun ✠ **Sixth Sunday of Elijah-Cross-Moses**
(Third Sunday of Cross)
 Gen 41:37-45 Joseph is the ruler of Egypt.
 Sir 47:2-3, 8-11 God raised David up.
 Heb 1:1-4 Seated at the right hand of glory above.
 Jn 12:27-36 The Son of man will be exalted.
- 30 Mon 1 Jn 4:1-6 You are from God.
 Jn 3:31-36 The one who comes from above is above all
St. Jerome
 Deut 7:6-11 (7:1-11) You are a holy people
 Sir 24:12-17 The glory of Wisdom
 2 Tim 3:12-17 Holy life is the will of God
 Mt 13:44-52 Parables about the Kingdom of God

October 2024
Seasons of Elijah-Cross-Moses

- 1 Tue *Episcopal ordination of Mar Thomas Thuruthimattam (2006) and Mar Jacob Muricken (2012)*
Heb 2:5-10 The Son of Man is humbled and exalted
Lk 14:7-11 He who humbles himself will be exalted
St. Therese of Child Jesus
Patron's day of Mar Remigious Inchananiyil
Deut 32:8-12 The Lord's own portion was his people
Isa 66:12-18 (66:12-24) God who consoles like a mother
Eph 3:14-19 Christ's love is our strength
Mt 18:1-5 Be like a child
- 2 Wed Phil 1:19-26 Christ will be glorified in my body
Jn 13:31-35 The Son of Man is glorified
Guardian Angels
Acts 12:6-11 God saves me by sending his angel
Mt 18:10-14 Their angels always see the face of God
- 3 Thu Phil 2:5-11 God exalted him greatly
Jn 17:1-8 Glorify your son
- 4 Fri *First Friday*
Episcopal ordination of Mar Dominic Kokkatt (1984)
Rom 8:12-17 If you endure with Christ, you will be glorified with him
Jn 17:9-19 I am glorified in what I am given
St. Francis Assisi
Patron's day of Pope Francis
Deut 15:7-11 Help the poor
Isa 6:1-7 Isaiah's vision of God
Gal 6:14-17 Crucified to the world
Mt 11:25-30 Jesus is the comforter of the afflicted
- 5 Sat 2 Cor 3:12-18 The transfiguration of those who see the glory of the Lord.
Jn 17:20-26 Believers also should see my glory

- 6 Sun ✠ **Seventh Sunday of Elijah-Cross-Moses
(Fourth Sunday of Cross)**
Episcopal ordination of Mar Joseph Kunnath (1999)
 Ex 33:12-17 Promise of relief
 Jer 20:7-13 The Lord saves from the wicked
 2 Cor 1:3-7 Suffering and relief
 Mt 11:25-30 Jesus is the refuge of the afflicted
- 7 Mon Jas 5:7-11 Endure patiently until the coming of the Lord
 Lk 21:5-19 Through suffering you will gain your own life
- 8 Tue 2 Cor 4:7-18 Troubles make for unique eternal glory
 Lk 6:20-26 The beatitudes
- 9 Wed *Death anniversary of the Servant of God Mar Mathew Kavukatt (1969)*
*Episcopal ordination of Mar Joseph Srampickal (2016),
 Mar Joseph Kollamparampil (2022) and Mar Thomas Padiyath (2022)*
 Heb 12:4-13 Blood must be shed in the fight against sin
 Mt 14:1-12 The beheading of John the Baptist
- 10 Thu Phil 3:7-16 I must share in the suffering and death of Christ
 Jn 11:4-11 Let us also go that we may die with him
- 11 Fri 2 Cor 5:1-10 The destruction of the physical home and the hope of eternal home
 Jn 12:20-26 Be like the grain of wheat that falls into the ground and decays
- 12 Sat 1 Pet 3:13-17 It is better to do good and suffer
 Jn 15:18-27 The world will hate the disciples of the Christ
- 13 Sun ✠ **Eighth Sunday of Elijah-Cross-Moses
(First Sunday of Moses)**
 Ex 20:18-21 People tremble with fear
 Joel 2:1-11 The Lord's day

- Heb 10:19-25 As the day draws near, we must encourage one another
Mt 25:31-46 The Last Judgment
- 14 Mon 1 Cor 15:29-34 The dead will be resurrected
Jn 5:24-29 The time is approaching when the dead will hear the voice of the Son of God
- 15 Tue Rom 3:1-8 God is always faithful
Lk 15:11-32 The parable of the prodigal son
St. Theresa of Avila
Deut 11:13-17 Abide by the laws of the Lord
Isa 61:10-11 I rejoice in the Lord
Col 2:20-3:4 Resurrection with Christ
Jn 14:18-24 Love and the unity with God
- 16 Wed Heb 12:25-29 Let us hold fast to grace
Mk 13:24-31 The coming of the Son of Man
Bl. Thevarparampil Kunjachan
Gen 12:1-4 God calls Abraham
Isa 44:1-4 I will bestow my grace upon your children
1 Pet 4:12-19 Live according to the will of God
Jn 10:1-15 I am the Good Shepherd
- 17 Thu 1 Pet 1:13-21 Be holy
Mt 15:1-9 Purity of the heart is important
St. Ignatius of Antioch
2 Sam 22:31-35 The Lord is the shield of those who depend on Him
Wis 3:1-6 The soul of the righteous is in God's hands
Rom 8:35-39 Who will separate us from the love of Christ?
Jn 12:20-26 Be like the grain of wheat that falls into the ground and decays
- 18 Fri *Episcopal ordination of Mar Antony Kariyil (2015)*
1 Thess 5:1-11 Wait for the day of the Lord
Mt 24:43-51 You be ready

St. Luke, the Evangelist

Tob 12:6-15 Fulfillment of life for those who do justice

Sir 38:1-9 Honour physicians, their healing comes from the Most High

Col 4:10-15 (4:10-15+ 2 Cor 8:16-24) Luke preaches the Word with Paul

Lk 10:1-9 Seventy disciples

19 Sat 2 Pet 3:14-18 The patience of our Lord is for our salvation
Lk 14:15-24 The parable of the great banquet

20 Sun ✠ **Ninth Sunday of Elijah-Cross-Moses**
(Second Sunday of Moses)

Gen 19:23-29 God saves Abraham and Lot

Mal 4:1-6 The Lord's day is at hand

1 Thess 4:13-18 The hope of the Christians

Lk 21:20-28 Your salvation is near

Mission Sunday

1 Cor 9:13-18 Woe to me if I do not proclaim the Gospel

Mt 10:1-15 Jesus sends the twelve Apostles

21 Mon Phil 4:1-9 The Lord is near
Lk 21:29-36 The Kingdom of God is approaching

22 Tue *Episcopal ordination of Mar John Vadakkal (2009)*
Rev 14:6-13 God's judgment is declared.
Mt 3:1-12 Every tree that does not bear good fruit is cut down and thrown into the fire.

St. John Paul II

Rev 21: 1-8 God dwells among the people

Jn 21: 4-14 (21: 4-17) Cast the net to the right side of the boat

23 Wed Jas 1:12-18 Do not be misled
Lk 15:1-10 Lost sheep and coin

24 Thu *Episcopal ordination of Mar Ephrem Nariculam (2014)*
Phil 2:12-18 Do good deeds for salvation
Lk 13:22-30 Those who are saved

- 25 Fri *Episcopal ordination of Mar Joseph Arumachadath (2007)*
 Eph 2:1-10 You are saved by His grace
 Jn 12:44-50 Jesus came to save the world
- 26 Sat Phil 1:27- 2:4 A sign of salvation from God
 Lk 9:49-56 Whoever is not against you is for you
- 27 Sun ✠ **Tenth Sunday of Elijah-Cross-Moses**
(Third Sunday of Moses)
 Deut 11:1-7 The Lord's punishments
 Wis 6:1-10 God will come in glory
 1 Thess 5:12-24 Do not weaken the Spirit
 Mt 12:22-32 He who speaks against Holy Spirit will not
 be forgiven
- 28 Mon *Episcopal ordination of Mar Joseph Pandarassery (2006)*
 2 Thess 2:1-12 The signs of the end of the times
 Mt 24:1-8 Let no one lead you astray
St. Simon and St. Jude, Apostles
 Ex 15:11-13 The Lord, glorified in holiness
 Wis 10:15-21 Wisdom will open the mouth of the dumb
 Eph 6:10-17 Gird your loins with truth and stand firm
 Jn 15:18-25 Jesus has chosen us
- 29 Tue *Episcopal ordination of Mar Prince Panengadan (2015)*
 2 Cor 11:12-15 False apostles and hypocrites
 Mt 24:23-28 False christs and false prophets
- 30 Wed 2 Pet 2:1-10 Punishment for the false preachers
 Mk 13:1-8, 21-23 Many will come in my name and deceive
 many
- 31 Thu Jud 1:8-16 The way of life of the false preachers
 Lk 11:37-44 Woe to the Pharisees

November 2024

Seasons of Elijah-Cross-Moses and Dedication of the Church

1 Fri *First Friday*

Episcopal ordinations of Mar Stephen Chirappanath (2016) Mar Vincent Nellaiparambil (2019) and Mar Alex Tharamangalam (2022)

2 Cor 12:14-15, 19-21 Apostle's fear of the unrepentant
Lk 11:45-54 Woe to the Pharisees and Lawyers

Feast of All Saints

1 Jn 3:1-3 When Christ appears we shall see Him
Mt 5:1-12 The Beatitudes

2 Sat

1 Cor 3:10-17 The day to be tested by fire
Mt 13:34-43 The weeds will be burned with fire

Commemoration of the Dead

Ezek 37:1-14 Lord will make you alive
2 Macc 12:38-45 The hope in the resurrection of the dead
1 Cor 15:51-58 We will not all die, we will all be changed
Jn 11:17-27 Jesus is resurrection and life

Season of the Dedication of the Church (Qudaš Edtha)

The season of the Dedication of the Church consists of the last four weeks in the liturgical year. These four weeks are arranged on the basis of the dedication of the four holy places in the Old Testament (Ex 40:1-17; Josh 18:1; 1Kgs 8:62-66; Ezra 3:2).

This season signifies the victory of the Church in the *eschaton* and her entry into the heavenly Jerusalem. All the prayers and hymns in this season reveal the joy of the glory attained by the bride, the Church, who is adorned by her bridegroom, Jesus Christ.

The season of the Dedication of the Church commemorates the face to face meeting of the Church as a bride with her bridegroom Jesus Christ and her glorious entrance to eternal joy.

The tabernacle in the Old Testament is the type of the Church. The Israelites experienced God's presence in this man-made tabernacle. Those who find God in Jesus and those who are vigilant enough as the wise virgins will enter with Jesus into the eternal tabernacle, the heavenly bridal chamber, which is not man-made. Jesus the bridegroom leads His bride, Church, not to a temporary tabernacle, but to the eternal heavenly bridal chamber.

With the awareness of the perishing nature of the cities in this world, the Church asks her faithful to live their life in view of heaven and its everlasting joy. She invites them to participate in the worship in truth and spirit in heaven by giving the insight that the Lord and the Lamb is the true temple in heaven. This is how the mother Church catechizes her children in this season.

3 Sun ✠ **First Sunday of Dedication of the Church**

Ex 33:1-11 The ark of the covenant

Isa 40:20-31 Consolation to people

Heb 9:1-14 Christ entered the tent which is not man-made

Mt 25:1-13 Those who were ready will enter the bridal chamber

4 Mon 2 Cor 4:13-18 Momentary hardships prepare unique eternal glory

Jn 16:16-24 Your happiness will be complete

5 Tue 2 Cor 5:1-5 We want to live in a heavenly home

Lk 15:11-24 The son returning to the father's house

St. Zachariah and St. Elizabeth

Col 1:21-23 Continue in the faith, stable and steadfast

Lk 1:5-25 Lord's mercy on Zachariah and Elizabeth

- 6 Wed *Death anniversary of Mar George Alappat (1973)*
Episcopal ordination of Mar Gratian Mundadan (1977)
 1 Pet 5:1-4 He who keeps the flock of God will win the crown of glory
 Jn 21:15-19 Shepherd the flock of God
- 7 Thu Eph 3:1-6 Gentiles are also partakers in the promises of Christ
 Mt 8:5-13 Healing of the centurion's servant
- 8 Fri *Episcopal ordination of Mar Joseph Pamplany (2017)*
 Eph 6:1-9 Lord's reward for good works
 Mt 21:28-32 Reward for those who repent and believe
- 9 Sat Rom 12:9-18 Perfect love
 Lk 10:25-37 Love is the way to inherit eternal life
- 10 Sun ✠ **Second Sunday of Dedication of the Church**
Next Sunday is World Day of Communication
 Ex 6:1-8 The promised land
 Isa 49:1-7 My inheritance is in the Lord
 1 Pet 1:3-7 Eternal inheritance prepared in heaven
 Mt 19:23-30 Apostles seated on twelve thrones
- 11 Mon Col 1:12-20 Jesus is the head of the Church
 Mt 16:13-20 Peter's proclamation of faith
- 12 Tue *Episcopal ordination of Mar Sebastian Vaniyapurackal (2017)*
 2 Pet 1:12-21 The prophets and apostles are witnesses
 Lk 9:28-36 Transfiguration of Jesus
- 13 Wed Rev 19:1-10 Blessed are those who are invited to the Lamb's wedding feast
 Mt 22:1-14 Wedding celebration
- 14 Thu 2 Cor 11:1-4 I have betrothed you to Christ
 Jn 3:22-30 The bridegroom is the one who has the bride
- 15 Fri 2 Cor 12:1-5 The heavenly vision of the Apostle
 Jn 3:31-36 The heavenly one speaks of heavenly things

- 16 Sat *Syro-Malabar Hierarchy was instituted (1924)*
 Rev 22:1-5 They will see His face
 Mt 19:13-15 Who is the greatest?
- 17 Sun ✠ **Third Sunday of Dedication of the Church**
World Day of Communication (Special Collection)
 Gen 29:15-30 Jacob works for Rachel
 Sir 11:20-27 Do your duty faithfully
 2 Thess 3:6-15 Work without laziness
 Mt 25:14-30 Entrusted Talents
- 18 Mon *Episcopal ordination of Mar Tony Neelankavil (2017)*
 1 Cor 13:1-10 Excellent gifts
 Mk 12:28-34 The most important commandment
- 19 Tue *Death anniversary of Mar Simon Stock Palathara (2022)*
 1 Cor 4:1-5 Stewards must be faithful
 Lk 16:1-13 Must be faithful in all things
- 20 Wed 1 Cor 6:1-11 The wicked will not inherit the Kingdom of God
 Lk 16:13-17 Entering the Kingdom of God needs force
- 21 Thu *Death anniversary of Mar Sebastian Vayalil (1986)*
 Col 1:3-11 Bear good fruits
 Mt 13:10-23 Produce good fruits
Entrance of St. Thomas the Apostle to India
 Eph 2:14-22 Access to the Father is through Christ
 Jn 14:1-14 Jesus is the way, life and truth
- 22 Fri *Death Anniversary of Mar Mathew Vattakuzhy (2016)*
Episcopal ordination of Mar Sebastian Pozholiparambil (2017)
 Heb 12:4-13 Those who are trained bring forth the fruits of peace and justice
 Jn 15:1-8 He who lives in me bears much fruit
- 23 Sat 2 Tim 4:1-8 I have finished my race
 Jn 17:1-8 I have completed the work you entrusted to me

24 Sun ✠ **Fourth Sunday of Dedication of the Church**
Feast of Christ the King

Gen 14:17-24 Melchizedek, the priest of the Most High God

1 Sam 8:1-9 Israel who rejected the Lord the King

Rev 19:11-16 King of kings and Lord of lords

Jn 18:33-37 Christ is the King

25 Mon Eph 2:14-22 Access to the Father is through the Messiah.
Jn 14:1-14 Jesus is the way, life and truth.

26 Tue 1 Pet 2:1-10 You are a people, a holy people
Jn 10:7-16 One flock and one shepherd

27 Wed Eph 1:3-12 Hymn on the Plan of Salvation
Lk 1:46-55 Mary's Magnificat

28 Thu *Episcopal ordination of Mar Jacob Manathodath (1992)*
Heb 13:9-16 We have no eternal city here
Lk 10:17-21 Rejoice that your names are written in heaven

29 Fri Rev 7:9-12 God-worshiping angels and large crowds
Mk 12:18-27 They will be like the angels in heaven

30 Sat *Midnight onwards till Christmas, marriage celebration is not permitted*

Rev 21:22-27 The temple is the Lord God and the Lamb

Jn 4:19-26 Worship in Spirit and Truth

St. Andrew, the Apostle

Patron's day of Mar Andrews Thazhath

Gen 28:10-17 Dream of Jacob

Zech 8:20-23 Let us pray for the favour of Yahweh

Rom 10:9-18 Beautiful are the feet of the messengers of the Gospel

Mt 4:18-22 Jesus calls Andrew

December 2024
Seasons of Annunciation – Nativity
(Liturgical Calendar –First Set)

- 1 Sun ✠ **First Sunday of Annunciation**
It is proper to use the second Qudasha (Anaphora of Mar Theodore) in the Holy Qurbana from the first Sunday of Annunciation till the Palm Sunday.
25 days fast begins
Gen 17:15-22 (17:1-27) Announcement about the birth of Isaac
Isa 43:1-7, 10-11 (42:18-43:13) Salvation for Israel
Eph 5:21-6:4 (5: 21-6:9) Family, the place of salvation
Lk 1:5-25 (1:1-25) Announcement about the birth of John the Baptist
- 2 Mon Gal 3:9-14 The just will live by faith
Lk 9:37-43a Faithless and perverse generation
- 3 Tue Rom 13:8-14 It is now the moment to wake from sleep
Lk 1:18-20 Zechariah did not believe the words of Angel
St. Francis Xavier
Deut 26:16-19 You are a holy people
Isa 45:20-24 There is no God besides me
2 Cor 6:3-10 We are God's servants
Mk 6:7-13 Jesus sends out His disciples
- 4 Wed 1 Cor 1:4-9 God is faithful
Jn 8:26-30 Jesus is sent by the Father
- 5 Thu 1 Tim 4:11-16 Be a model in holiness
Mt 24:45-51 Be vigilant
- 6 Fri *First Friday*
Col 3:1-10 Seek the things that are above
Mt 13:12-17 Your eyes are blessed

- 7 Sat Gal 3:1-9 Justification through faith
 Lk 9:57-62 Commitment for the discipleship
St. Ambrose
 Deut 7:1-11 You are a holy people, chosen by God
 Sir 15:1-6 Find gladness and crown of rejoicing
 2 Tim 4:1-8 The crown of righteousness
 Lk 14:25-33 The cost of discipleship
**Feast of the Immaculate Conception of Our Lady
 (December 8)**
 Sir 24:1-14 (24:1-34) The greatness of wisdom
 Isa 7:10-16 Virgin will give birth to a son
 Heb 1:1-3 + 2:16-18 Son of God
 Lk 1:46-55 (Mt 1:1-17+Lk 1:46-55) The Magnificat
- 8 Sun ✠ **Second Sunday of Annunciation**
 Num 22:20-35 (22:20-23:2) Balaam gets instructions
 from the messenger
 Isa 43:25-44:5 (43:14-44:5) Announcement about the
 salvation of Israel
 Col 4:2-6 (4:2-18) Pray that we may declare the mystery
 of Christ
 Lk 1:26-38 (1:26-56) Annunciation about the birth of
 Christ
- 9 Mon *Death anniversary of Mar Louis Pazheparampil (1919)*
 Eph 4:13-16 Grow into Christ
 Jn 14:11-14 Nothing is impossible for those who believe
- 10 Tue 1 Thess 5:5-11 You are children of the light and of the
 day
 Lk 10:21-24 I thank you Father, you have revealed them
 to infants
- 11 Wed Eph 1:3-12 Those who are chosen by Christ
 Lk 1:34-38 Behold, the handmaid of the Lord
- 12 Thu Rom 12: 9-18 Love one another with mutual affection
 Lk 1: 39-45 Mary visits Elizabeth

- 13 Fri 2 Cor 8:11-15 Do works of charity
Lk 1:46-56 Mary's Magnificat
- 14 Sat Heb 3:12-19 Do not go away from God
Lk 11:33-36 Consider whether the light in you is not darkness
St. John of the Cross
1 Cor 2:1-10 The true wisdom of God
Lk 14:25-33 The cost of discipleship
- 15 Sun ✠ **Third Sunday of Annunciation**
Gen 18:1-10 (18:1-19) God confirms the promise to Abraham
Judg 13:2-7, 24 (13:2-24) Birth of Samson
Eph 3:1-13 (3:1-21) Paul is called to witness the mystery of Christ
Lk 1:57-66 (1:57-80) Birth of John the Baptist
- 16 Mon 1 Cor 5:1-8 Abandon immorality
Lk 6:43-45 Be a tree which produces good fruits
- 17 Tue Eph 2:1-10 Salvation is the gift of God
Mt 3:1-6 Kingdom of heaven is approaching
- 18 Wed 1 Thess 2:13-17 Fidelity to the word of God
Lk 16:10-13 Be faithful to God
The Miraculous Cross at Mylapore
Ex 17:4-6 Water from the rock
Acts 2:29-36 (2:14-36) God raised Jesus whom you crucified
Eph 2:14-22 Making peace through the Cross
Jn 14:1-6 Jesus the way, truth and life
- 19 Thu *Death anniversary of Mar John Menacherry (1919)*
Gal 3:26-29 Those who have put on Christ
Lk 1:67-79 Canticle of Zechariah
- 20 Fri Col 1:10-16 Lead a life pleasing to the Lord
Mk 1:1-8 He who is more powerful than me comes after me

- 21 Sat *The establishment of Syro-Malabar Hierarchy (1923)*
Gal 1:11-17 Those who are chosen by the Grace of God
Jn 3:31-36 The one who comes from above is above all
- 22 Sun ✠ **Fourth Sunday of Annunciation**
Gen 24:50-67 Isaac receives Rebekah according to the will of God
1 Sam 1:1-18 (1:1-28) God's intervention in Samuel's birth
Eph 5:5-21 Discern the will of the Lord
Mt 1:18-24 God's intervention in the birth of Jesus
- 23 Mon Eph 6:18-20 Pray incessantly
Jn 1:1-5 In the beginning was the Word
- 24 Tue Gal 4:1-7 Son of God is born of a woman
Jn 1:6-13 The one who has come to witness the Light
- 25 Wed ✠ **Christmas – The Nativity of our Lord**
Day of Obligation
Isa 7:10-16, 9:1-3, 6-7 Virgin shall bear a son
Mic 4:1-3, 5:2-5, 8-9 The King who is to come
Gal 3:15-4:6 Everyone is children of God in Jesus Christ
Lk 2:1-20 Birth of Jesus Christ
- 26 Thu Heb 5: 11-14 Discern good from evil
Mt 12:43-45 The return of the unclean spirit
St. Stephen
Patron's day of Mar Stephen Chirappanath
Acts 6:8-10, 7:54-59 The martyrdom of St. Stephen
Mt 10:16-22 Whoever holds out to the end will be saved
- 27 Fri Col 1:1-9 Be filled with the knowledge of God's will
Mt 9:27-31 Jesus heals the blind
St. John, the Apostle
Patron's day of Mar John Vadakkel, Mar John Nellikunnel and Mar John Panamthottathil
Ex 33:12-23 (33:9-23) God is with the people
Sir 15:1-6 God's devout will receive the reward

Rom 8:35-39 Who will separate us from the love of Christ?

Jn 21:20-24 Jesus and the beloved disciple

28 Sat 1 Jn 2:26-29 Abide in him

Jn 1:19-29 There is someone among you whom you do not know

Holy Childhood Day (The Infants' Day)

Gen 4:3-8 Abel is murdered

Jer 31:15-17 A voice of lamentation from Ramah

Heb 11:32-38 (11:3-10 + 11:32-12:2) Persecuted for faith

Mt 2:13-18 The massacre of the infants

29 Sun ✠ **First Sunday of Nativity**

Gen 21:9-21 (21:1-21) God protects the son of the slave woman

1 Sam 1:21-28 (1:19-28) Samuel is dedicated to the Lord

Gal 4:21-5:1 Christ has set us free

Mt 2:1-12 (2:1-23) Visit of the Magi

Feast of the Holy Family

Gen 1:26-28 He created them male and female

Sir 3:1-9 The duties to the parents

Col 3:18-21 Family life guided by the Lord

Mt 2:13-14, 19-23 Holy family flees to Egypt

30 Mon 1 Jn 3:11-17 He who hates his brother is a murderer

Jn 8:12-19 Jesus is the light of the world

31 Tue 2 Cor 1: 18-22 It is God who establishes us in Christ

Jn 13: 31b-35 You are my disciples, if you have love for one another

End of the Year

Lev 6:1-7 If you sin against the Lord, you shall make atonement before the Lord

Wis 5: 7-10, 14-16 The righteous live forever and their reward is with the Lord

1 Tim 6:6-12 Fight the good fight of the faith

Lk 13:6-9 Let us bear fruit

Appendix I

Feasts in the Syro-Malabar Liturgical Year

There are two types of liturgical calendars in the Christian Churches: **Temporal Cycle** and **Sanctoral Cycle**. The Temporal Cycle is centered around the salvific events fulfilled in Jesus Christ; and this aims at guiding the community of the faithful into a profound meditation of the redemptive mysteries through the spirit of the Liturgical Seasons and thereby encouraging them to lead a true Christian life. The Sanctoral Cycle is organized according to the feast of saints; and in it the liturgical calendar follows the rhythm of the Fixed Feasts and Movable Feasts. East Syriac calendar, which the Syro-Malabar Church follows, is based on the temporal cycle; still, we can find elements of the Sanctoral cycle in the liturgical year of this Church.

The Second Vatican Council in consonance with the Tradition, exhorts to give more importance to the feasts of the Lord than the feasts of the saints. Therefore, feasts of the saints are not celebrated on Sundays, which is the day of Our Lord.

The list of the Feasts is arranged according to the spirit of the liturgical seasons and important feasts can be recognized easily. 110 feasts are included in this calendar. They are divided into three groups, Our Lord's (*Maranaya*) Feasts, Important Feasts and Ordinary Feasts. The Ordinary Feasts are subdivided into two: a. of the Oriental Tradition b. of the universal Church.

Eastern Churches have the tradition of integrating the feasts of saints in the Temporal Cycle. Fridays are considered important next to Sundays. Therefore, the feasts of the saints who became victorious by witnessing the Paschal Mysteries are celebrated either individually or in groups on Fridays. Their feasts are mostly celebrated on the Fridays in the seasons of *Denha*, *Šleehe* and *Kaitha* which commemorate the public ministry of

Jesus, activities of the Apostles, and the growth of the Church respectively. Some feasts that should be observed to ensure the identity and Tradition of the Church are celebrated on some other Fridays. In order to link the passion, death and resurrection of our Lord, the day of All the Departed is celebrated on the last Friday of *Denha* and the All Saints' day is celebrated on the first Friday after the feast of Resurrection.

The feasts of Holy *Qurbana* (Eucharist) and Holy Trinity are listed in the Feasts of our Lord. The *Pesaha* is the ideal day for the feast of the Holy *Qurbana*. On the Feast of *Denha* and in the Season of *Denha*, the Holy Trinity is specially remembered. However, since the faithful live amidst other rites and Churches, and many Religious Congregations work among our community, some of the feasts of the Latin Church have been given importance in our Church too. Feast of the Holy of Blessed Sacrament, Feast of Sacred Heart, Feast of Christ the King, and Feast of Our Lady of Mount Carmel are some among them and they are included in the calendar. The feast of the Sacred Heart of Jesus helps to meditate on the Mercy and Love of God. Since in some areas, the feast of All Saints and of All the Departed are observed according to the calendar of the Latin Church, they are also included in this calendar. Feasts of local importance can be celebrated locally.

Each individual Church has a serious responsibility to keep its identity and spirit. This calendar reflects an effort to be faithful to this sacred responsibility. The feasts of our Lord (*Maranaya*), feasts of Blessed Virgin Mary and some feasts of the saints are given in bold letters, according to their importance. Those in small letters are ordinary feasts and they have only two readings in the *Qurbana*.

Appendix II

Table of Feasts in the Liturgical Year

I. Feasts of Our Lord (*Maranaya*)

Christmas – The Nativity of our Lord (December 25)

Holy Name of our Lord (January 1)

The Feast of Epiphany (January 6)

The Presentation of our Lord in the Temple (February 2)

Palm Sunday

Pesaha Thursday

Passion Friday

Easter

Ascension (Sixth Thursday of Resurrection)

The Feast of Pentecost

Feast of Holy Trinity (Second Sunday of Apostles)

The Body and Blood of Christ (Second Thursday of Apostles)

Feast of Sacred Heart of Jesus (Third Friday of Apostles)

Transfiguration of Our Lord (August 6)

The Exaltation of the Cross (September 14)

Feast of Christ, the King (Fourth Sunday of Dedication of the Church)

II. Important Feasts

Feast of Holy Family (First Sunday of Nativity)

Marian Feasts

Feast of Immaculate Conception of Our Lady (December 8)

The Divine Motherhood of Mary (Last Friday of Nativity)

The Feast of Annunciation (March 25)

Feast of Blessed Virgin Mary, the Protectress of Harvest (May 15)

Visitation of the Blessed Virgin Mary (May 31)

Immaculate Heart of Mary (Third Saturday of Apostles)

Our Lady of Mount Carmel (July 16)

Assumption of our Lady (August 15)
The Nativity of Our Lady (September 8)

Commemorations of Martyrs and Saints

St. John the Baptist (First Friday of *Denha*)
St. Peter and St. Paul, Apostles (Second Friday of *Denha*
or June 29)
Evangelists (Third Friday of *Denha*)
St. Stephan (Fourth Friday of *Denha*)
Syriac Fathers (Sixth Friday of *Denha*)
Commemoration of the Dead (Last Friday of *Denha*: or
November 2)
Feast of All Saints (First Friday of Resurrection or
November 1)
Feast of 12 Apostles (First Sunday of *Kaitha*)
St. James of Nisibis (First Friday of *Kaitha*)
Mar Mari, disciple of Mar Addai (Second Friday of *Kaitha*)
St. Simoni and her Seven Sons (Fifth Friday of *Kaitha*)
St. Simon Barsaba and the co-martyrs (Sixth Friday of
Kaitha)
St. Kuriakose Elias (January 3)
Death of St. Joseph (March 19)
St. George (April 24)
St. Mariam Thresia (June 8)
Mar Aprem (June 9)
Dukhrana of St. Thomas, the Apostle (July 3)
St. Alphonsa (July 28)
St. Euphrasia (August 29)

III. Ordinary Feasts

According to the Oriental Tradition

Greek Fathers (Fifth Friday of *Denha*)
Mar Addai (Fifth Sunday of Resurrection)
Friday of Gold (First Friday of Apostles)
St. Cyril of Jerusalem (March 18)

St. Athanasius (May 2)
St. Kuriakose and St. Julitta (July 15)
St. John Chrysostom (September 13)
St. Ignatius of Antioch (October 17)
Entrance of St. Thomas to India (November 21)
The Miraculous Cross at Mylapore (December 18)

Feasts of the Universal Church

January

- 14 St. Devasahayam
- 20. **St. Sebastian**
- 21 St. Agnes of Rome
- 24. St. Francis de Sales
- 26. St. Timothy and St. Titus
- 28. St. Thomas Aquinas
- 31. St. John Bosco

February

- 4. St. John Britto
- 11. Our Lady of Lourdes
- 14 St. Cyril and St. Methodius
- 23. St. Polycarp
- 25. Blessed Martyr Rani Maria

April

- 25. St. Mark, the Evangelist
- 29. St. Catherine of Sienna

May

- 1. **St. Joseph, the Patron of the working class**
- 3. **St. Philip and St. James, Apostles**
- 6. St. Dominic Savio
- 14. **St. Mathias, the Apostle**
- 16 St. Simon Stock
- 21 (Monday after Pentecost) Mary, Mother of the Church –
Mater Ecclesiae
- 23 St. Rita of Cascia

June

1. St. Justin
11. **St. Barnabas, the Apostle**
13. **St. Antony of Padua**
19. St. Gervasius and St. Protasius
21. St. Aloysius Gonzaga
22. St. John Fisher and St. Thomas Moore
24. Birth of John the Baptist
28. St. Irenaeus

July

6. St. Maria Goretti
11. St. Benedict
25. **St. James, the Apostle**
26. **St. Joachim and St. Anne**
29. St. Martha
31. **St. Ignatius of Loyola**

August

1. St. Alphonse Liguori
4. **St. John Maria Vianney**
8. St. Dominic
10. St. Lawrence
11. **St. Clare**
14. St. Maxmillian Kolbe
20. St. Bernard of Clairvaux
21. **St. Pius X**
24. **St. Bartholomew, the Apostle**
27. St. Monica
28. **St. Augustine**

September

3. Pope St. Gregory the Great
5. **St. Theresa of Calcutta**
21. **St. Mathew, the Apostle**

27. **St. Vincent de Paul**
29. **Archangels Michael, Gabriel and Raphael**
30. St. Jerome

October

1. **St. Therese of Child Jesus**
2. **Guardian Angel**
4. **St. Francis Assisi**
7. Our Lady of the Rosary
15. **St. Theresa of Avila**
16. **Bl. Thevarparampil Kunjachan**
18. **St. Luke, the Evangelist**
22. **St. John Paul II**
28. **St. Simon and St. Jude, Apostles**

November

3. St. Martin de Porres
5. **St. Zachariah and St. Elizabeth**
10. Pope St. Leo the Great
15. St. Albert the Great
21. Presentation of the Blessed Virgin Mary
26. St. John Berchmans
30. **St. Andrew, the Apostle**

December

3. **St. Francis Xavier**
4. St. John of Damascene
5. St. Sabbas
7. St. Ambrose
14. St. John of the Cross
26. St. Stephen
27. **St. John, the Apostle**
28. Holy Innocents' Day

Appendix III

Common Readings for the Feasts of the Saints and Other Occasions

I. Saints

1. Holy Mary

A.

Gen 3:1-19

Gen 17:15-22

Ex 40:32-38

B.

Judg 13:1-7

Prov 3:13-18

Ruth 1:14-17

Judg 15:8-13

Judg 13:18-20

Song 2:1-4

Isa 7:10-16

Zep 3:14-20

Mic 5:2-6

C.

Acts 1:12-14

Rom 8:26-30

Gal 4:4-7

Eph 1:3-12

D.

Mt 1:1-16

Mt 1:18-25

Mt 2:13-23

Mt 12: 46-50

Lk 1:26-38

Lk 1:39-47

Lk 1:46-56

Lk 2:1-14

Lk 2:15b-19

Lk 2:27-35

Lk 2: 41-52

Lk 11: 27-28

Jn 2:1-11

Jn 19:25-27

2. Martyrs

A.

Gen 4: 8-16

B.

1 Kgs 21:1-21

2 Chr 24:18-22

2 Macc 6:18-31

2 Macc 7:1-11

Isa 53:1-12

Dan 3:18-22

Dan 6:11-24

C.

Acts 7:55-60

Rom 5:1-5

Rom 8:31-39

2 Cor 4:7-15

2 Cor 6:4-10

2 Tim 2:8-13,3:10-12

Heb 10:32-36
Jas 1:2-4,12-13
1 Pet 3:14-17
1 Pet 4:12-19
Rev 12-10-12

D.

Mt 10:16-25
Mt 10:26-33
Lk 9:23-36
Jn 12:24-26
Jn 15:18-21
Jn 17:11-19

3. Priest - Saints

A.

Ex 32:7-14

B.

Isa 6:1-8
Isa 52:7-10
Isa 61:1-3
Jer 1:4-9
Ezek 3:16-21
Ezek 31:11-16

C.

Acts 20:17-38
Acts 26:19-23
Rom 12:3-13
1 Cor 1:18-25
1 Cor 4:1-5
1 Cor 9:16-19, 22-23
1 Cor 12:27-31
1 Cor 3:1-6
2 Cor 4:1-7

2 Cor 5:14-20
Eph 4:1-7,11-13
Col 1:24-29
1 Thess 2:2-8
2 Tim 2:1-9
1 Pet 5:1-4

D.

Mt 9:35-38
Mt 16:13-19
Mt 23:8-12
Mt 28:16-20
Mk 1:14-20
Mk 16:15-20
Lk 5:1-11
Lk 22:24-30
Jn 10:11-16
Jn 15:9-17
Jn 21:15-17

4. Fathers of the Church

A.

Deut 6:1-15
Num 27:15-22

B.

1 Kgs 3:7-14
Wis 7:7-10,15-16
Sir 15:1-6
Sir 39:8-14

C.

1 Cor 1:18-25
1 Cor 2:1-10
1 Cor 2:11-16
Eph 3:8-12
Eph 4:1-7,11-13

2 Tim 2:1-13

2 Tim 4:1-5

D.

Mt 5:13-19

Mt 7:21-29

Mt 23:8-12

Mt 4:1-10,13-20

5. Virgins

A.

Deut 11:10-15

B.

Song 8:6-7

Hos 2:16-22

C.

1 Cor 7:25-35

Rev 19:5-9

Rev 21:1-5

D.

Mt 19:3-12

Mt 25:1-13

Lk 10:35-42

6. Other Saints

A.

Gen 12:1-6

Lev 19:1-2,17-18

Deut 6:3-9

Deut 10:8-9

B.

1 Kgs 19:4-15

1 Kgs 19:16-21

Tob 12:6-13

Sir 2:7-11

Sir 3:17-25

Isa 58:6-11

Jer 20:7-9

Mic 6:6-8

C.

Acts 4:32-35

Rom 8:26-30

1 Cor 1:26-31

2 Cor 10:17-11:2

Gal 2:19-20

Gal 6:14-16

Eph 3:14-19

Eph 6:10-13,18

Phi 3:8-14

Phi 4:4-9

Col 3:12-17

Jas 2:14-17

1 Pet 3:1-9

1 Jn 3:14-18

1 Jn 4:7-16

1 Jn 5:1-5

Rev 3:14-22

Rev 19:1-9

Rev 21:5-7

D.

Mt 5:1-12

Mt 5:13-16

Mt 7:21-27

Mt 11:25-30

Mt 13:43-46

Mt 16:24-27

Mt 18:1-5

Mt 19:27-29

Mt 22:34-40
Mt 25:14-30
Mt 25:31-46
Mk 3:31-35
Mk 9:34-37
Mk 10:13-16
Mk 10:17-30
Lk 6:27-38
Lk 9:57-62
Lk 10:38-42
Lk 12:32-34
Lk 14:25-33
Jn 15:1-8
Jn 15:9-17
Jn 17: 20-26

II. Other Occasions

1. Baptism

A.

Gen 12:1-4
Gen 15:1-6
Gen 17:1-8
Gen 35:1-7
Deut 30:15-20

B.

Josh 24:14-18
2 Kgs 5:9-15
Isa 44:1-8
Jer 31:33-34
Ezek 36:24-28
Ezek 47:1-12

C.

Acts 8:26-38
Rom 6:3-11

Rom 8:22-32
Rom 8:35-39
1 Cor 12:12-13
Gal 3:26-28
Eph 1:3-10
Eph 4:1-6
Col 3:9-17
Tit 3:4-7
Heb 10:22-25
1 Pet 2:4-10
Rev 19:1-9

D.

Mt 16:24-27
Mt 22:35-40
Mt 28:18-20
Mk 1:9-11
Mk 10:13-16
Mk 12:28-34
Mk 16:15-20
Lk 24:44-53
Jn 1:9-18
Jn 1:29-34
Jn 3:1-6
Jn 3:16-21
Jn 4:5-14
Jn 6:44-47
Jn 7:37-39
Jn 9:1-7
Jn 12:44-50
Jn 15:1-11
Jn 19:31-35

2. Chrismation

A.

Num 11:16-17

B.

Isa 11:1-4

Isa 42:1-3

Isa 61:1-9

Ezek 36:24-28

Joel 2:28-32

C.

Acts 1:3-8

Acts 2:1-6

Acts 8:14-17

Acts 10:37-44

Acts 19:1-6

Rom 5:1-8

Rom 8:12-17

Rom 8:26-27

1 Cor 12:4-13

Gal 4:1-7

Gal 5:16-25

Eph 1:17-19

Eph 4:1-6

D.

Lk 4:16-22

Lk 8:14-16

Lk 10:21-24

Jn 7:37-39

Jn 14:15-17

Jn 14:21-26

Jn 15:18-27

Jn 16:5-13

3. Priestly Ordination

A.

Num 3:5-9

Ex 28:1-5,40-43

Lev 8:1-12

Isa 61:1-3

Jer 1:4-9

B.

Acts 10:37-43

Acts 20:17-36

Rom 12:4-8

1 Cor 12:27-31

2 Cor 4:1-7

2 Cor 5:14-20

2 Cor 4:8-20

1 Tim 3:8-13

1 Tim 4:6-16

2 Tim 1:6-14

Heb 5:1-10

1 Pet 4:7-11

1 Pet 5:1-4

C.

Mt 5:13-16

Mt 9:35-38

Mt 10:1-5

Mt 20:25-28

Lk 10:1-9

Lk 12:35-44

Lk 22:14-20,24-30

Jn 10:11-16

Jn 12:24-26

Jn 15:9-17

Jn 17:6-19

Jn 20:19-23

Jn 21:15-17

Diaconate

A.

Num 8:5-16

Num 8:20-26

B.

Sir 30:1-11

Isa 6:1-8

C.

Acts 6:1-7

Acts 8:26-40

Acts 12:4-11

1 Tim 3:8-13

2 Tim 3:10-15

D.

Mk 1:11-20

Lk 5:1-11

Jn 1:35-42

Jn 1:43-49

Sub Diaconate

A.

Gen 14:18-20

Ex 16:2-15

Ex 24:3-8

Deut 8:2-16

B.

Prov 9:1-6

C.

Acts 2:43-47

Acts 10:37-43

1 Cor 10:16-17

1 Cor 11:23-26

Heb 9:11-15

D.

Mk 14:12-26

Lk 9:11-17

Lk 24:13-35

Jn 6:1-15

Jn 6:24-35

Jn 6:41-51

Jn 6:51-59

Lector

A.

Deut 6:3-9

Deut 30:10-14

B.

Neh 8:1-10

Isa 55:10-13

C.

1 Cor 2:1-5

2 Tim 3:14-17

2 Tim 4:1-5

Heb 4:12-13

1 Jn 1:1-4

D.

Mt 5:14-19

Mk 1:35-39

Lk 4:16-21

Jn 7:14-18

4. Anointing of the Sick

A.

Ex 3:7-8

Ex 17:1-6

B.

1 Kgs 19:1-8

Isa 35:1-10

Isa 52:13-53:12

Isa 61:1-3

C.

Acts 3:1-10

Acts 3:11-16

Acts 4:8-12

Rom 8:14-17

Rom 8:18-27

1 Cor 12:12-27

2 Cor 4:16-18

Gal 4:12-19

Phil 2:25-30

Col 1:22-29

Heb 4:14-16

Heb 5:7-9

Jas 5:13-16

1 Pet 1:3-9

Rev 21:1-7

Rev 22:17-21

D.

Mt 5:1-12

Mt 8:1-4

Mt 8:5-17

Mt 11:25-30

Mt 15:25-31

Mt 25:31-40

Mk 2:1-12

Mk 10:46-52

Lk 7:19-23

Lk 12:35-45

Lk 18:9-14

Jn 6:35-40

Jn 9:1-7

5. Marriage

A.

Gen 1:26-28

Gen 2:18-24

Gen 24:48-67

B.

Tob 7:6-14

Tob 8:4-8

Prov 26:1-4

Prov 26:13-17

C.

Rom 12:1-2,9-13

1 Cor 6:12-20

Eph 5:22-23

1 Pet 3:1-7

Rev 19:5-9

D.

Mt 19:3-6

Mt 22:35-40

Mk 10:6-9

Jn 2:1-11

Jn 15:8-12

Jn 15:12-16

6. Profession of the Religious

A.

Gen 12:1-4

B.

1 Sam 3:1-10

1 Kgs 19:4-15

1 Kgs 19:19-21

Song 8:6-7

Isa 63:1-8

Jer 31:31-37

Jer 2:16-22

C.

Acts 2:42-47

Acts 4:32-35

Rom 6:3-11

Rom 12:1-13

1 Cor 7:25-35

Eph 1:3-14

Phil 2:1-4

Phil 3:8-14

Col 3:1-4

Col 3:12-17

1 Thess 4:1-12

D.

Mt 5:1-12

Mt 11:25-30

Mt 16:24-27

Mt 19:16-26

Mt 25:1-13

Mk 3:31-35

Mk 10:24-30

Lk 1:26-38

Lk 9:57-62

Lk 10:38-42

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B.

2 Macc 12:43-45

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C.

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1 Cor 15:12-19

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1 Cor 15:36-50

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2 Cor 5:6-10

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1 Jn 3:14-16
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D.

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